

PINYIN	CHINESE	EASTLAND	PRACTICAL DICTIONARY
<i>ān shén</i>	安神	quiets the spirit	quiet the spirit, {ān shén}
<i>ào nǎo</i>	懊	vexation	anguish, {ào}
<i>bā gāng</i>	八綱	eight parameters	eight principles, {bā gāng}
<i>bā huì xué</i>	八會穴	eight meeting points	eight meeting points, {bā huì xué}
<i>bá</i>	拔	draws out, uproot	pull up, {bá}
<i>Bái dài</i>	白帶	white vaginal discharge	white vaginal discharge, {bái dài}
<i>Bái hóu</i>	白喉	diphtherial disorder	white throat, {bái hóu}
<i>Bái péi</i>	白痞	miliaria alba	miliaria alba
<i>Bài</i>	敗	defeats, overcomes, corrupts	vanquish (v.), {bài} (敗血冲心 {bài xuè chōng xīn}, vanquished blood surging into the heart)
<i>Bài xuè</i>	敗血	corrupted blood	vanquished blood, {bài xuè}
<i>bān</i>	斑	spots, maculas/maculae	macule (n.), {bān} (斑疹 {bān zhěn}, maculopapular eruption)
<i>bān zhēn</i>	斑疹	Rashes	maculopapular eruption, {bān zhēn}
<i>bǎo</i>	保	guards (e.g., Stomach), takes care of	safeguard, {bǎo}
<i>bāo</i>	胞	Womb, Bladder, or (when ambiguous) gestation membranes	eyelid, {bāo} (upper and lower); upper eyelid; bladder; uterus; womb
<i>bāo zhuǎn</i>	胞轉	twisted Bladder or gestation membranes	shifted bladder, {bāo zhuǎn}
<i>báo</i>	薄	thin, flimsy	thin (adj.), {bó} (大便溏薄 {dà biàn táng bó}, thin stool, 苔薄 {tāi bó}, thin fur); also a plant name when read as {bò}
<i>bào</i>	暴	sudden, violent	sudden (adj.), {bào} (暴盲 {bào máng}, sudden blindness)
<i>bào máng</i>	暴盲	sudden visual failure	sudden blindness, {bào máng}
<i>Bēi</i>	悲	sorrow, sadness, being disheartened	sorrow (n.), {bēi} (one of the seven affects. 悲則氣消 {bēi zé qì xiāo}, sorrow causes qì to disperse)
<i>Bèi shù xué</i>	背俞穴	back associated points	back transport point, {bèi shù xué}
<i>bèn</i>	奔	run wild	run (v.), {bēn} (奔豚 {bēn tún}, piglet)
<i>bèn tún</i>	奔豚	running piglet [disorder]	running piglet, {bēn tún}
<i>bēng</i>	崩	profuse uterine bleeding, gushing	flooding (n.), {bēng} (崩漏 {bēng lòu}, flooding and spotting)
<i>bēng lòu</i>	崩漏	irregular uterine bleeding	flooding and spotting, {bēng lòu}
<i>bí yuān</i>	鼻淵	deep-source nasal congestion	deep-source nasal congestion, {bí yuān}
<i>bì</i>	閉	blocked	block (v.), (n.), {bì} (熱閉 {heat block}, heat block)
<i>bì</i>	避	repels, clears away	avoid, {bì}
<i>bì huì</i>	辟穢	clears away filth	repel foulness, {bì huì}
<i>bì jīng</i>	閉經	amenorrhea	menstrual block, {bì jīng}

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<i>biàn táng</i>	便溏	loose stool	sloppy stool, {biàn táng}
<i>biàn zhèng</i>	辨證	pattern differentiation	identify patterns (or signs), {biàn zhèng}
<i>biāo běn</i>	標本	manifestation and root (branch and root OK)	root and tip, {biāo běn}
<i>bǐng fù</i>	稟賦	[natural] endowment	constitution, {bǐng fù}
<i>bìng jī</i>	病機	pathodynamic	pathomechanism, {bìng jī}
<i>bó</i>	薄	thin, flimsy	thin (adj.), {bó} (大便溏薄 {dà biàn táng bó}, thin stool, 苔薄 {tāi bó}, thin fur)
<i>bó</i>	搏	contend	contend (v.), contention (n.), {bó} (風水相搏 {fēng shuǐ xiāng bó}, wind and water contending with each other)
<i>bú mèi</i>	不寐	insomnia	sleeplessness, {bú mèi}
<i>bǔ</i>	補	tonifies	supplement (v.), supplementation (n.), {bǔ} (補氣 {bǔ qì}, supplement qì. 補法 {bǔ fǎ}, supplementation)
<i>bù</i>	布	spread out/ spread throughout	cloth, {bù}
<i>bù chàng</i>	不暢	impeded	inhibited, {bù chàng}
<i>bù níng</i>	不寧	malaise, uneasy, disquiet	disquieted, {bù níng}
<i>bù rén</i>	不仁	insensitivity	insensitivity, {bù rén}
<i>bù shū</i>	不舒	uncomfortable	constrained, {bù shū}
<i>bù tōng</i>	不通	no passage [through], [x] does not afford passage, no free flowing	stoppage, {bù tōng}
<i>bù zhèn</i>	不振	listless, sluggish, not aroused	devitalized (n.)
<i>bù zú</i>	不足	insufficiency	insufficiency, {bù zú}
<i>Cáo zá</i>	嘈雜	indefinable epigastric discomfort	clamoring stomach, {cáo zá}
<i>chán hóu fēng</i>	纏喉風	entangling throat wind disorder	throat-entwining wind, {chán hóu fēng}
<i>cháng fēng</i>	腸風	Intestinal wind	intestinal wind, {cháng fēng}
<i>cháng mài</i>	長脈	long pulse	long pulse, {cháng mài}
<i>cháng yōng</i>	腸癰	Intestinal abscess	intestinal welling-abscess, {cháng yōng}
<i>chàng</i>	暢	facilitated, patent, open, unimpeded	uninhibited, {chàng} (汗出不暢 {hàn chū bù chàng}, inhibited sweating)
<i>cháo rè</i>	潮熱	tidal fever or afternoon tidal fever	tidal heat [effusion] (fever)
<i>chēn</i>	臃	bloating	bloating, {zhēn}
<i>chén</i>	臣	deputy [ingredient]	minister (n.), {chén} (君臣佐使 {jūn chén zuǒ shǐ}, sovereign, minister, assistant, and courier)
<i>chén mài</i>	沉脈	submerged pulse	sunken pulse, {chén mài}

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<i>chéng</i>	乘	overwhelms, encroaches on, rides, travels	overwhelm (v.), {chéng} (木乘土 {mù chéng tǔ}, wood overwhelming earth)
<i>Chí mài</i>	尺脈	proximal pulse	cubit pulse, {chǐ mài}
<i>Chí mài</i>	遲脈	slow pulse	slow pulse, {chí mài}
<i>Chì bái dài</i>	赤白帶	red and white vaginal discharge	red and white vaginal discharge, {chì bái dài}
<i>chōng</i>	充	full, ample, brimming [adj.]; fills up [v.]	fullness (n.), {chōng} (腎, 其華在骨 {shèn, qí huá zài gǔ}, the kidney, its {fullness} is in the bone)
<i>chòng</i>	衝	gushes, flushes	surge, {chōng} (頭衝 {tóu chōng}, Head Surge)
<i>chòng mài</i>	衝脈	Penetrating vessel	thoroughfare vessel, {chōng mài}
<i>chōu chù</i>	抽搐	muscle twitches, tics	convulsion, {chōu chù}
<i>Chú</i>	除	eliminates, gets rid of	eliminate (v.), elimination (n.), {chú} (除濕 {chú shī}, eliminate dampness)
<i>chú fán</i>	除煩	eliminates irritability	eliminate vexation, {chú fán}
<i>chú shī</i>	除濕	eliminates dampness	eliminate dampness, {chú shī}
<i>chù</i>	怵	alarm	apprehensive, {chù}
<i>chuǎn</i>	喘	wheezing	pant (v.), panting (n.), {chuǎn} (喘急 {chuǎn jí}, rapid {panting})
<i>chuāng yáng</i>	瘡瘍	sores	sore, {chuāng yáng}
<i>chūn wēn</i>	春溫	spring-warmth	spring warmth, {chūn wēn}
<i>cōng</i>	聰	sharpens, improves	acute of hearing, {cōng}
<i>cōng ěr</i>	聰耳	improves hearing	sharpen the hearing, {cōng ěr}
<i>còu lǐ</i>	腠理	interstices and pores	interstices, {còu lǐ}
<i>Cù mài</i>	促脈	rapid-irregular pulse [Kuriyama-irregular]	skipping pulse, {cù mài}
<i>cuàn</i>	竄	scurry, flee [v.]; expeditious [adj.]	scurry (v.)
<i>cuī</i>	催	expedites, promotes	hasten, {cuī}
<i>cuī rǔ</i>	催乳	promotes lactation	promote lactation, {cuī rǔ}
<i>cùn mài</i>	寸脈	distal pulse	inch pulse, {cùn mài}
<i>cuō kōng</i>	撮空	[hallucinations characterized by] grasping at air	groping in the air, {cuō kōng}
<i>Dá</i>	達	spreads out, thrusts out	outthrust (v.), (n.), {dá} (木郁達之 {mù yù dá zhī}, depressed wood is treated by outthrust)
<i>Dà biàn bù shuǎng</i>	大便不爽	incomplete/ unfinished and irregular bowel movements	ungratifying defecation, {dà biàn bù shuǎng}
<i>Dà biàn táng bó</i>	大便溏薄	semiliquid stools	thin sloppy stool, {dà biàn táng bó}
<i>Dà cháng yè kuī</i>	大腸液虧	exhausted Large Intestine fluids	large intestinal humor depletion, {dà cháng yè kuī}
<i>Dà cháng</i>	大腸	Large Intestine	large intestine, {dà cháng}

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<i>Dà mài</i>	大脈	large pulse	large pulse, {dà mài}
<i>Dà qì</i>	大氣	great qi	great qi, {dà qì}
<i>dài</i>	怠	fatigue and lethargy	fatigue (n.), fatigued (adj.), {dài} (倦怠乏力 {juàn dài fá lì}, fatigue and lack of strength)
<i>dài mài</i>	代脈	consistently irregular pulse [Kuriyama – faltering]	intermittent pulse, {dài mài}
<i>dài mài</i>	帶脈	Girdle vessel [girdling vessel, {dài mài}
<i>dài yáng</i>	戴陽	upcast yang, [face] made up with yang	upcast yáng, {dài yáng}
<i>dān dú</i>	丹毒	erysipelas	cinnabar toxin [sore], {dān dú}
<i>dān nuè</i>	瘴瘧	pure heat malaria	pure-heat malaria, {dān nuè}
<i>dān shèn lì shī</i>	淡滲利濕	blandly leaches out and resolves dampness	disinhibit dampness by bland percolation, {dān shèn lì shī}
<i>dān tián</i>	丹田	cinnabar field	cinnabar field, {dān tián}
<i>dǎn</i>	膽	Gallbladder	gallbladder (n.), {dǎn} (肝膽濕熱 {gān dǎn shī rè}, liver-gallbladder damp-heat heat)
<i>dàng</i>	蕩	flush away usually in dàng dí	flush away, {dàng}
<i>dǎo</i>	導	guides out	abduct (v.), abduction (n.), {dǎo} (消食導滯 {xiāo shí dǎo zhì}, disperse food and abduct stagnation)
<i>dǎo jīng</i>	倒經	inverted menses	inverted menstruation, {dǎo jīng}
<i>dǎo zhì</i>	導滯	guides out stagnation	abduct stagnation, {dǎo zhì}
<i>dào hàn</i>	盜汗	night sweats	night sweating, {dào hàn}
<i>dī rè</i>	低熱	low-grade fever	low-grade fever, {dī rè}
<i>dí</i>	滌	scours [out], flushes [away]	flush (v.), {dí} (滌痰 {dí tán}, {flush} phlegm)
<i>dí tán</i>	滌痰	scours out phlegm	flush phlegm, {dí tán}
<i>diān</i>	癲	withdrawal; yin madness	withdrawal (n.), {diān} (癲狂 {diān kuáng}, mania and withdrawal)
<i>diān kuáng</i>	癲狂	withdrawal-mania	mania and withdrawal, {diān kuáng}
<i>diān xián</i>	癲癲	seizures	epilepsy, {diān xián}
<i>dìng</i>	定	settles [down]	stabilize, {dìng}
<i>dìng chuǎn</i>	定喘	settles [down] wheezing	stabilize panting, {dìng chuǎn}
<i>dìng dú</i>	疔毒	deep-set toxic sores	clove-sore toxin, {dìng dú}
<i>dìng fēng</i>	定風	settles wind	stabilize wind, {dìng fēng}
<i>dìng zhì</i>	定志	settles the emotions, focuses the mind, settles the resolve	stabilize the mind, {dìng zhì}
<i>dōng wēn</i>	冬溫	winter-warmth	winter warmth, {dōng wēn}

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dòng	動	disturb, move, disrupt, stir, agitate [v.]; disruption, perturbation, stirring, agitation [n.]	stir (n.), {dòng} (肝風內動 {gān fēng nèi dòng}, liver wind stirring internally)
dòng mài	動脈	moving/disturbed pulse	stirred pulse, {dòng mài}; pulsating vessel; artery
dòng xiè	洞泄	cavernous diarrhea	throughflux diarrhea, {dòng xiè}
dòu	痘	Pox	pox (n.), {dòu} (痘瘡 {dòu chuāng}, pox sores)
dū mài	督脈	Governing vessel	governing vessel, {dū mài}
dú	毒	toxin	toxin (n.), toxic (adj.), toxicity (n.), {dú} (熱毒 {rè dú}, eat toxin)
dú qì	毒氣	toxic qi	toxic qi, {dú qì}
duǎn mài	短脈	short pulse	short pulse, {duǎn mài}
duó	奪	plunders	despoilate (v.), despoliation (n.), {duó} (奪精 {duó jīng}, despoliation of essence)
è	惡	noxious	nausea, {è}
è	遏	holds [something] in, hinders, retains, traps	trap, {è}
è	惡血	noxious blood	malign blood, {è xuè}
è nì	呃逆	hiccough	hiccup, {è nì}
ěr míng	耳鳴	tinnitus	tinnitus, {ěr míng}
fā	發	stimulates, promotes, induces, discharges [in tx strategy]; develops, manifests [in pathology]	effuse (v.), effusion (n.), {fā} (發表 {fā biǎo}, effuse the exterior)
fā biǎo	發表	discharges exterior conditions	effuse the exterior, {fā biǎo}
fā hàn	發汗	induces sweating	promote sweating, {fā hàn}
fā sàn	發散	discharges and disperses	effuse and dissipate, {fā sàn}
fá	伐	hew, curtail, cut down	quell, {fá}
fá gān	伐肝	hew/curtail the Liver	quell the liver, {fá gān}
fán	燔	flaring	blaze (v.), ablaze (adj.), {fán} (氣營兩燔 {qì yíng liǎng fán}, qì and construction both ablaze)
fán	煩	irritability	vex (v.), vexation (n.), {fán} (五心煩熱 {wǔ xīn fán rè}, vexing heat in the five hearts)
fán yuān	煩冤	distress	vexation and low spirits, {fán yuān}
fán zào	煩躁	irritability and restlessness	vexation and agitation, {fán zào}
fǎn wèi	反胃	upset stomach	stomach reflux, {fǎn wèi}
fǎn wèi	反胃	stomach reflux, upset stomach	stomach reflux, {fǎn wèi}
fàn	犯	accosts, trespasses	invade (v.), invasion (n.), {fàn} (肝氣犯胃 {gān qì fàn wèi}, liver qì invading the stomach)

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<i>fāng</i>	妨	impedes	hinder, {fāng}
<i>fèi</i>	肺	Lungs	lung (n.), {fèi} (心肺氣虛 {xīn fèi qì xū}, heart-lung qì vacuity)
<i>fèi qì bù xuān</i>	肺氣不宣	failure of the Lung to disseminate qì	lung qì failing to diffuse, {fèi qì bù xuān}
<i>fèi yōng</i>	肺癰	Lung abscess	welling-abscess of the lung, {fèi yōng}
<i>fēn</i>	分	level or sector [in四分]; aspect [elsewhere]	divide, {fēn}
<i>fēn lì shī rè</i>	分利濕熱	separates and drains out damp-heat	separate and disinhibit damp-heat, {fēn lì shī rè}
<i>fēn ròu</i>	分肉	flesh interstices	seam of the flesh, {fēn ròu}
<i>fēn cì</i>	粉刺	white thorns, pimples	acne, {fēn cì}
<i>fēng</i>	風	wind	wind (n.), {fēng} (外風 {wài fēng}, external wind)
<i>fēng hán</i>	風寒	wind-cold	wind-cold, {fēng hán}
<i>fēng hán shù biǎo</i>	風寒束表	wind-cold fetters the exterior	wind-cold fettering the exterior, {fēng hán shù biǎo}
<i>fēng rè</i>	風熱	wind-heat	wind-heat, {fēng rè}
<i>fēng shī</i>	風濕	wind-dampness	wind-damp, {fēng shī} (rheumatism)
<i>fēng shuǐ</i>	風水	wind edema	wind water, {fēng shuǐ} (a kind of swelling)
<i>fēng wēn</i>	風溫	wind-warmth	wind warmth, {fēng wēn}
<i>fēng yīn zhēn</i>	風隱疹	wind concealed rash; urticaria	wind dormant papules, {fēng yīn zhēn}
<i>fēng zào</i>	風燥	wind-dryness	wind-dryness, {fēng zào}
<i>fēng zhēn</i>	風疹	wind rash	wind papules, {fēng zhēn}
<i>fú</i>	扶	supports	support (v.), {fú} (祛邪扶正 {qū xié fú zhèng}, dispel evil and support right)
<i>fú</i>	伏	lurking	deep-lying (adj.), {fú} (伏飲 {fú yǐn}, deep-lying rheum)
<i>fú liáng</i>	伏梁	hidden beam	deep-lying beam, {fú liáng}
<i>fú mài</i>	浮脈	floating pulse	floating pulse, {fú mài}
<i>fú mài</i>	伏脈	hidden pulse	hidden pulse, {fú mài}
<i>fú qì</i>	伏氣	lurking qì	latent qì, {fú qì}
<i>fú zhèng</i>	扶正	supports the normal [qì]	support right, {fú zhèng}
<i>fú zhōng</i>	浮腫	floating edema	puffy swelling, {fú zhōng}
<i>fǔ</i>	腑	yang organs, bowels	bowel (n.), {fǔ} (六腑 {liù fǔ}, the six bowels)
<i>fǔ</i>	腐	moldy; putrefies, decompose, decomposition	putrid (adj.), putridity (n.), putrefy (v.), putrefaction (n.), {fǔ}
<i>fǔ</i>	府	dwelling [as in腰为肾之府 lower back is the dwelling of the Kidneys]	exchange, {fǔ} (place where business is transacted)

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<i>fù</i>	腹	abdomen	abdomen (n.), abdominal (adj.), {fù} (少腹 {shào fù}, the lesser abdomen)
<i>fù mài</i>	復脈	restores the pulse	restore the pulse, {fù mài}
<i>fù xiè</i>	腹泄	diarrhea	diarrhea, {fù xiè}
<i>gān</i>	肝	Liver	liver (n.), {gān} (肝腎虧損 {gān shèn kuī sǔn}, liver-kidney depletion)
<i>gān fēng nèi dòng</i>	肝風內動	internal stirring of Liver wind	liver wind stirring internally, {gān fēng nèi dòng}
<i>gān huǒ shàng yán</i>	肝火上炎	upward blazing of Liver fire	liver fire flaming upward, {gān huǒ shàng yán}
<i>gān jī</i>	疳積	childhood nutritional impairment [also, esp. in 溫病, refers to progressive sores or ulcers, as in 牙疳 and 下疳]	gān accumulation, {gān jī}
<i>gān qì yù jié</i>	肝氣鬱結	constrained and clumped Liver qì	binding depression of liver qì, {gān qì yù jié}
<i>gān yáng shàng kāng</i>	肝陽上亢	ascendant Liver yang	ascendant hyperactivity of liver yáng, {gān yáng shàng kāng}
<i>gān zhǔ shū xiè</i>	肝主疏泄	Liver governs dredging and draining	liver governs free coursing, {gān zhǔ shū xiè}
<i>gāng</i>	剛	rigorous	hard, {gāng}
<i>gāo lín</i>	膏淋	turbid painful urinary dribbling [cloudy OK]	unctuous strangury, {gāo lín}
<i>gé</i>	膈	diaphragm	diaphragm (n.), diaphragmatic (adj.), {gé}
<i>gé mài</i>	革脈	leather pulse	drumskin pulse, {gé mài}
<i>gōng xià</i>	攻下	purges	offensive precipitation, {gōng xià}
<i>gòu</i>	垢	Foul, filth	grime (n.), grimy (adj.), {gòu} (胎垢 {tāi gòu}, fetal grime)
<i>gǔ</i>	骨	bones	bone (n.), {gǔ} (筋骨 {jīn gǔ}, sinew and bone)
<i>gǔ bì</i>	骨痺	painful obstruction of the bone	bone impediment, {gǔ bì}
<i>gǔ dú</i>	蠱毒	<i>gǔ toxin</i>	gǔ toxin, {gǔ dú}
<i>gǔ qì</i>	穀氣	food qì	grain qì, {gǔ qì}
<i>gǔ wǔ</i>	鼓舞	stimulate, drum-up, inspire	ra.ly, {gǔ wǔ}
<i>gǔ zhàng</i>	鼓脹	drum-like abdominal distention	drum distention, {gǔ zhàng}
<i>gǔ zhēng</i>	骨蒸	steaming bone disorder	steaming bone, {gǔ zhēng}
<i>gù</i>	固	secures, stabilizes	secure (v.), security (n.), {gù} (益氣固表 {yì qì gù biǎo}, boost qì and secure the exterior)
<i>gù biǎo</i>	固表	stabilizes the exterior	secure the exterior, {gù biǎo}
<i>gù jīng</i>	固精	secures the essence	secure essence, {gù jīng}

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<i>gù sè</i>	固澀	secures and binds	securing and astriction, {gù sè}
<i>gù tuō</i>	固脫	secures abandoned disorders	stem desertion, {gù tuō}
<i>guā</i>	刮	peeled [tongue]	scrape, {guā}; peeled [tongue]
<i>guān gé</i>	關格	plugged and rejecting/repelling disorder	block and repulsion, {guān gé}
<i>guān mài</i>	關脈	middle pulse [position]	bar pulse, {guān mài}
<i>guī</i>	歸	restores	return (v.), {guī} (引火歸原 {yǐn huǒ guī yuán}, return fire to its source)
<i>gǔn tán</i>	滾痰	roiling, breaks up phlegm	roll phlegm, {gǔn tán}
<i>hán</i>	寒	cold, chills	cold (adj.), (n.), {hán} (表寒 {biǎo hán}, exterior cold)
<i>hán rè</i>	寒熱	fever and chills (simultaneous)	cold and heat, {hán rè}
<i>hán rè wǎng lái</i>	寒熱往來	alternating fever and chills	alternating heat [effusion] (fever) and [aversion to] cold, {hán rè wǎng lái}
<i>hán shī</i>	寒濕	damp-cold	cold-damp, {hán shī}
<i>hán shī kùn pí</i>	寒濕困脾	damp-cold encumbers the Spleen	cold-damp encumbering the spleen, {hán shī kùn pí}
<i>hán tán</i>	寒痰	cold-phlegm	cold phlegm, {hán tán}
<i>hán zhì gān mài</i>	寒滯肝脈	stagnant cold in Liver vessel	cold stagnating in the liver vessel, {hán zhì gān mài}
<i>hàn</i>	汗	sweat	sweat (n.), (v.), sweating (n.), {hàn} (黃汗 {huáng hàn}, yellow sweat)
<i>hé wèi</i>	和胃	harmonizes the Stomach	harmonize the stomach, {hé wèi}
<i>hé xué</i>	合穴	uniting point [sea OK]	uniting point, {hé xué} (one of the five transport points)
<i>hé zhōng</i>	和中	harmonizes the middle [burner]	harmonize the center, {hé zhōng}
<i>hè xī fēng</i>	鶴膝風	crane's knee wind	crane's-knee wind, {hè xī fēng}
<i>hóng mài</i>	洪脈	flooding pulse	surging pulse, {hóng mài}
<i>hóu bì</i>	喉痺	painful obstruction of the throat	throat impediment, {hóu bì}
<i>hòu tiān zhī jīng</i>	後天之精	postnatal essence	later heaven essence, {hòu tiān zhī jīng}
<i>hù</i>	護	shields [from/by]	safeguard, {hù}
<i>huá</i>	滑	slippery, leakage	glossy (adj.), {huá} (舌苔滑 {shé tāi huá}, glossy tongue fur)
<i>huá cháng</i>	滑腸	lubricates the Intestines	lubricate the intestines, {huá cháng}
<i>huá mài</i>	滑脈	slippery pulse	slippery pulse, {huá mài}
<i>huá tuō</i>	滑脫	leakage and loss	efflux desertion, {huá tuō}
<i>huà</i>	化	transforms	transform (v.), transformation, {huà} (舌苔不化 {shé tāi bú huà}, non-transforming tongue fur)

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<i>huà qì</i>	化氣	promotes the activities of qì transformation	perform qì transformation, {huà qì} (physiological)
<i>huà shī</i>	化濕	transforms dampness	transform dampness, {huà shī} (eliminate)
<i>huà tán zhǐ ké</i>	化痰止咳	transforms phlegm and stops coughing	transform phlegm and suppress cough, {huà tán zhǐ ké}
<i>huǎn</i>	緩	moderates, relaxes	slack (adj.), slacken (v.), {huǎn} (筋緩 {jīn huǎn}, slack sinews)
<i>huǎn jí</i>	緩急	moderates [spasmodic abdominal] pain or relaxes tension	relax tension, {huǎn jí}
<i>huǎn jiě</i>	緩解	relaxes and relieves	relieve, {huǎn jiě}
<i>huǎn mài</i>	緩脈	moderate or lax pulse	moderate pulse, {huǎn mài}
<i>huàn</i>	患	suffer [v]; calamity [n]	suffer, {huàn}
<i>huàn</i>	渙	dissipates	dissipate, {huàn}
<i>huàn sǎn</i>	渙散	flimsy	dissipate, {huàn sǎn}
<i>Huī</i>	灰	grey	ash (n.), ashen (adj.), {huī} (灰指甲 {huī zhǐ jiǎ}, ashen nail)
<i>Huí</i>	回	revives	return (v.), {huí} (回陽救逆 {huí yáng jiù nì}, return yáng and stem counterflow)
<i>huí jué</i>	蛔厥	collapse from roundworm	roundworm reversal, {huí jué}
<i>huí yáng</i>	回陽	revives the yang	return yáng, {huí yáng}
<i>huí yáng jiù nì</i>	回陽救逆	revives the yang and rescues from rebellion	return yáng and stem counterflow, {huí yáng jiù nì}
<i>huì xué</i>	會穴	meeting points [8]	meeting point, {huì xué}
<i>huì zhuó</i>	穢濁	filth and turbidity	foul turbidity, {huì zhuó}
<i>Hūn</i>	昏	lightheadedness, muddled or impaired consciousness (e.g. 神昏)	cloud (v.), {hūn} (神昏 {shén hūn}, clouded spirit)
<i>hūn mí</i>	昏迷	stuporous, comatose	stupor, {hūn mí}
<i>Hún</i>	魂	ethereal soul	ethereal soul (n.), {hún} (肝藏魂 {gān cáng hún}, the liver stores the ethereal soul)
<i>Huō</i>	豁	breached	sweep (v.), {huò} (豁痰 {huò tán}, sweep phlegm)
<i>Huó</i>	活	invigorates	quicken (v.), {huó} (活血化癥 {huó xué huà yē}, quicken the blood and transform stasis)
<i>huó luò</i>	活絡	invigorates the collaterals	quicken the network vessels, {huó luò}
<i>huó xuè</i>	活血	invigorates the blood	quicken the blood, {huó xuè}
<i>Huǒ</i>	火	fire	fire (n.), {huǒ} (痰火 {phlegm-fire}, phlegm-fire)
<i>huǒ dú</i>	火毒	fire toxin	fire toxin, {huǒ dú}
<i>Huò</i>	豁	dislodges, forcefully removes	sweep (v.), {huò} (豁痰 {huò tán}, sweep phlegm)
<i>huò luàn</i>	霍亂	sudden turmoil disorder	cholera, {huò luàn}

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<i>huò tán</i>	豁痰	dislodges phlegm	sweep phlegm, {huò tán}
<i>Jī</i>	肌	muscles, muscle layer	flesh (n.), {jī} (肌表 {jī biǎo}, fleshy exterior)
<i>Jī</i>	積	accumulations	accumulate (v.), accumulation (n.), {jī} (積熱 {jī rè}, accumulated heat)
<i>jī jù</i>	積聚	accumulations and clusters	accumulations and gatherings, {jī jù c}
<i>jí mài</i>	急脈	urgent pulse	urgent pulse, {jí mài}
<i>jí mài</i>	疾脈	racing pulse	racing pulse, {jí mài}
<i>Jiǎ</i>	瘕	mobile abdominal mass	conglomeration (n.), {jiǎ} (瘕瘕積聚 {zhēng jiǎ jī jù}, concretions, conglomerations, accumulations, and gatherings)
<i>Jiān</i>	堅	fortifies [tx], firms [dx], hard [pulse, adj.]	hard (adj.)
<i>jiān yīn</i>	堅陰	fortifies the yin	consolidate yīn, {jiān yīn}
<i>jiǎn</i>	減	diminishes, deleted	reduce, {jiǎn}
<i>jiàn</i>	建	constructs, builds up; strengthens	establish, {jiàn}
<i>jiàn pí</i>	健脾	strengthens the Spleen	fortify the spleen, {jiàn pí}
<i>jiàn wàng</i>	健忘	forgetful, absent-minded	forgetfulness, {jiàn wàng}
<i>jiàn zhōng</i>	建中	builds up/constructs the middle	fortify the center, {jiàn zhōng} (健中
<i>jiàng</i>	降	directs downward, descends	downbear (v.), downbearing (adj.), (n.), {jiàng} (和胃降逆 {hé wèi jiàng nì}, harmonized the stomach and downbear counterflow)
<i>jiàng</i>	絳	scarlet	crimson, {jiàng}
<i>jiàng huǒ</i>	降火	directs fire downward	downbear fire, {jiàng huǒ}
<i>jiàng nì</i>	降逆	directs rebellious [qì] downward	downbear counterflow, {jiàng nì}
<i>jiàng zhuó</i>	降濁	directs turbidity downward	downbear turbidity, {jiàng zhuó}
<i>jiāo huì xué</i>	交會穴	confluent points [of 8 extra channels]	intersection point, {jiāo huì xué} (see also 八脈交會穴 {bā mài jiāo huì xué})
<i>jiǎo gōng fǎn zhāng</i>	角弓反張	arched back rigidity [aka opisthotonus]	arched-back rigidity, {jiǎo gōng fǎn zhāng}
<i>jiǎo qì</i>	腳氣	leg qi	leg qi, {jiǎo qì}
<i>jiē</i>	癰	boil	boil (n.), {jié} (暑癰 {shǔ jié}, summerheat boil)
<i>jiē gǔ</i>	接骨	joins bones	Bone Joiner, {jiē gǔ}
<i>jié</i>	結	clumping, knotting	bind (v.), (n.), bound \PP, (adj.), {jié} (熱結 {rè jié}, heat bind)
<i>jié</i>	竭	spent, expended	exhaust (v.)
<i>jié mài</i>	結脈	slow-irregular pulse [Kuriyama– halting]	bound pulse, {jié mài}
<i>jié nuè</i>	截瘧	checks malarial disorders	interrupt malaria, {jié nuè}

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<i>jié tān</i>	截癱	traumatic paraplegia	paraplegia, {jié tān}
<i>jiē</i>	解	releases, relieves, resolves	resolve (v.), resolution (n.), {jiě} (解表 {jiě biǎo}, resolve the exterior, exterior resolution)
<i>jiē biǎo</i>	解表	releases the exterior	resolve the exterior, {jiě biǎo}
<i>jiē dú</i>	解毒	resolves toxicity	resolve toxin, {jiě dú}
<i>jiě jī</i>	解肌	releases the muscle layer	resolve the flesh, {jiě jī}
<i>jiě jìng</i>	解瘧	releases spasms	resolve tetany, {jiě jìng}
<i>jiě rè</i>	解熱	resolves heat	resolve heat, {jiě rè}
<i>jiě shǔ</i>	解暑	resolves summerheat	resolve summerheat, {jiě shǔ}
<i>jiě yù</i>	解鬱	relieves constraint	resolve depression, {jiě yù}
<i>jīn</i>	筋	sinews	sinew (n.), {jīn} (肝主筋 {gān zhǔ jīn}, the liver governs the sinews)
<i>jīn</i>	津	yang fluids, thin fluids	liquid (n.), {jīn} (氣津兩傷 {qì jīn liǎng shāng}, damage to both qì and liquid)
<i>jīn bì</i>	筋痺	painful obstruction of the sinews	impediment of the sinew, {jīn bì}
<i>jīn yè</i>	津液	fluids	liquid and humor, {jīn yè}
<i>jìn</i>	盡	[totally] gone, expended, finished, exhausted	terminate, {jìn} (經盡 {jīng jìn}, terminate in channel)
<i>jǐn mài</i>	緊脈	tight pulse	tight pulse, {jǐn mài}
<i>jīng</i>	驚	jitteriness, anxiety, convulsions, fright, shock	fright (n.), {jīng} (肝主驚 {gān zhǔ jīng}, liver governs fright)
<i>jīng</i>	經	channels, stages, warps	channel (n.), {jīng} (太陽經 {tài yáng jīng}, greater yáng channel)
<i>jīng</i>	精	essence	essence (n.), {jīng} (腎藏精 {shèn cáng jīng}, the kidney stores essence)
<i>jīng fēng</i>	驚風	childhood convulsions, [fright seizures also OK]	fright wind, {jīng fēng}
<i>jīng jīn</i>	經筋	channel sinews	channel sinew, {jīng jīn}
<i>jīng shén</i>	精神	consciousness, essence-spirit	essence-spirit, {jīng shén}
<i>jīng shén bù zhèn</i>	精神不振	apathy	devitalized essence-spirit, {jīng shén bù zhèn}
<i>jīng shén wěi mǐ</i>	精神萎靡	listlessness	listlessness of essence-spirit, {jīng shén wěi mǐ}
<i>jīng xué</i>	經穴	traversing point [river point OK]	river point, {jīng xué} (one of the five transport points)
<i>jǐng xué</i>	井穴	well point	well point, {jǐng xué} (one of the five transport points)
<i>jìng</i>	瘧	[muscular] tetany, spasms	tetany (n.), {jìng} (瘧病 {jìng bìng}, tetanic disease)
<i>jiǔ tòng rù luò</i>	久痛入絡	long-term pain enters the collaterals	enduring pain entering the network vessels, {jiǔ tòng rù luò}
<i>jū</i>	疽	swelling	flat-abscess (n.), {jū} (癰疽 {yōng jū}, welling-abscesses and flat-abscesses)

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<i>jū</i>	居	dwells	live, {jū}
<i>jǔ</i>	舉	lifts	lift, {jǔ}
<i>jù</i>	聚	gathers up, pools (fluids), cluster, collects	gather (v.), gathering (n.), {jù} (脈所聚 {zōng mài suǒ jù}, gathering place of the ancestral sinews)
<i>jù</i>	劇	severe	severe, {jù}
<i>juǎn</i>	卷	rolled	curled, {juǎn}
<i>jué</i>	厥	collapse [in逆气自下而上]; inversion [in either忽然昏暈or手足逆冷]	reversal (n.), {jué} (熱厥 {rè jué}, heat reversal)
<i>jué</i>	絕	cut off, severed	expire (v.), expiry (n.), {jué} (絕汗 {jué hàn}, expiry sweating)
<i>Jué yīn</i>	厥陰	terminal yin [reverting yīn, {jué yīn}
<i>jūn</i>	君	chief, sovereign	sovereign (n.), {jūn} (君火 {jūn huǒ}, sovereign fire)
<i>jūn huǒ</i>	君火	sovereign fire	sovereign fire, {jūn huǒ}
<i>jùn</i>	峻	drastic, intense	drastic (adj.), {jùn} (峻補 {jùn bǔ}, drastic supplementation)
<i>jùn bǔ</i>	峻補	intense tonic	drastic supplementation, {jùn bǔ}
<i>jùn xià</i>	峻下	drastically purges	drastic precipitation, {jùn xià}
<i>kǎ xuè</i>	咳血	coughing up of blood	coughing of blood, {ké xuè}
<i>kāi</i>	開	opens, unbinds	open (v.), (adj.), opening (n.), {kāi} (開竅 {kāi qiào}, open the orifices)
<i>kāi dá mó yuán</i>	開達膜原	opens [up] and spreads the qi and penetrates to the membrane source	open the membrane source, {kāi dá mó yuán}
<i>kāi qiào</i>	開竅	opens the orifices	open the orifices, {kāi qiào}
<i>kāi yīn</i>	開音	restores the voice	restore the voice, {kāi yīn}
<i>kāi yù</i>	開鬱	opens up areas of constraint	open depression, {kāi yù}
<i>kàng</i>	亢	hyperactivity	hyperactive (adj.), hyperactivity (n.), {kàng} (肝陽上亢 {gān yáng shàng kàng}, ascendant hyperactivity of liver yáng)
<i>kè</i>	客	lodge resides	visit (v.), visiting (adj.), {kè} (小兒客忤 {xiǎo ér kè wǔ}, child visiting hostility)
<i>kè</i>	剋	upbraid	restrain (v.), {kè} (木克土 {mù kè tǔ}, wood restrains earth)
<i>kè qì</i>	客氣	visitant qi	guest qi, {kè qì}
<i>kǒng</i>	恐	fear	fear (n.), {kǒng} (mind associated with kidney)
<i>kōu mài</i>	芤脈	hollow pulse	scallion-stalk pulse, {kōu mài}

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<i>kǒu dàn</i>	口淡	bland sensation in the mouth and an inability to taste food	bland taste in the mouth, {kǒu dàn}
<i>kǒu yǎn wāi xié</i>	口眼歪斜	deviation of the mouth and eyes	deviated eyes and mouth, {kǒu yǎn wāi xié}
<i>kū</i>	枯	desiccated, parched	desiccate (v.), desiccated \PP, (adj.), desiccation (n.), {kū} (牙齒干燥如枯骨 {yá chǐ gān zào rú kū gǔ}, teeth dry as {desiccated} bones)
<i>kǔ</i>	苦	bitter	bitter (adj.), bitterness (n.), {kǔ} (苦寒藥 {kǔ hán yào}, cold bitter medicinals)
<i>kuān</i>	寬	expands, eases	loosen (v.), {kuān} (lit. widen. 寬胸 {kuān xiōng}, loosen the chest)
<i>kuān xiōng</i>	寬胸	expands the chest	loosen the chest, {kuān xiōng}
<i>kuān zhōng</i>	寬中	eases the middle	loosen the center, {kuān zhōng}
<i>kuáng</i>	狂	mania, yang madness	mania (n.), manic (adj.), {kuáng} (癲狂 {diān kuáng}, mania and withdrawal)
<i>kuáng luàn</i>	狂亂	manic and disorderly	manic derangement, {kuáng luàn}
<i>kuī</i>	虧	exhausted	deplete (v.), depleted \PP, (adj.), depletion (n.), {kuī} (肝腎虧損 {gān shèn kuī sǔn}, liver-kidney depletion)
<i>kùn</i>	困	encumbers	cumbersome (adj.), encumber (v.), encumbrance (n.), {kùn} (肢體困重 {zhī tǐ kùn zhòng}, heavy cumbersome) limbs)
<i>lǎn yán</i>	懶言	laconic speech	laziness to speak, {lǎn yán}
<i>làn</i>	爛	macerated	putrefy (v.), putrefaction (n.), {làn} (爛喉沙 {làn hóu shā}, putrefying throat sand)
<i>làn hóu shā</i>	爛喉痧	putrefying throat granular disorder	putrefying throat sand, {làn hóu shā}
<i>láo</i>	癆	overwork, consumptive disorder, consumption	consumption (n.), {láo} (肺癆 {fèi láo}, pulmonary {consumption})
<i>láo lín</i>	淋	consumptive painful urinary dribbling	strangury (n.), {lín} (血淋 {xuè lín}, blood strangury)
<i>láo mài</i>	牢脈	confined pulse	firm pulse, {láo mài}
<i>lèi</i>	淚	tears	tears (n.), {lèi} (淚為肝液 {lèi wéi gān yè}, tears are the humor of the liver)
<i>lèi</i>	肋	ribs, costal region	rib, {lèi}
<i>lǐ</i>	裡	interior	interior, {lǐ}
<i>lǐ</i>	理	regulates	rectify (v.), rectification (n.), {lǐ} (理氣 {lǐ qì}, rectify qì)
<i>lǐ jí</i>	裡急	abdominal urgency	abdominal urgency, {lǐ jí}
<i>lǐ jí hòu zhòng</i>	裡急後重	tenesmus	tenesmus, {lǐ jí hòu zhòng}
<i>lǐ qì</i>	理氣	regulates qi	rectify qì, {lǐ qì}

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<i>lǐ xuè</i>	理血	regulates the blood	rectify the blood, {lǐ xuè}
<i>lì</i>	利	improves, promotes, benefits, facilitates	disinhibit (v.), uninhibited (adj.), {lì} (利水 {lì shuǐ}, disinhibit water)
<i>bù lì</i>	不利	can be difficulty or discomfort	inhibited, {bù lì}
<i>lì jí</i>	痢疾	dysenteric disorder	dysentery, {lì jí}
<i>lì niào</i>	利尿	promotes urination	disinhibit urine, {lì niào}
<i>lì qì</i>	癘氣	pestilential qi	pestilential qi, {lì qì}
<i>lì shī</i>	利濕	faciliates/promotes resolution of dampness; resolves dampness	disinhibit dampness, {lì shī}
<i>lì shuǐ shèn shī</i>	利水滲濕	promotes water metabolism and leaches out dampness	disinhibit water and percolate dampness, {lì shuǐ shèn shī}
<i>lì shuǐ</i>	利水	promotes urination, moves water	disinhibit water, {lì shuǐ}
<i>liǎn</i>	斂	preserves, inhibits, restrains	constrain (v.), {liǎn} (斂陰 {liǎn yīn}, constrain yīn)
<i>liǎn fèi</i>	斂肺	preserves the Lungs	constrain the lung, {liǎn fèi}
<i>liǎn hàn</i>	斂汗	inhibits sweating	constrain sweat, {liǎn hàn}
<i>liàn</i>	戀	clings, attaches to	lodged, {liàn} (lit. attached, not wishing to part. 邪戀心包 {xié liàn xīn bāo}, evil lodged in the pericardium)
<i>liǎn yīn</i>	斂陰	preserves the yin	constrain yīn, {liǎn yīn}
<i>liàn</i>	練	blanches	process (v.), {liàn}
<i>liáng</i>	涼	cools	cool (v.), {liáng} (涼血 {liáng xuè}, cool the blood)
<i>liáng xuè</i>	涼血	cools the blood	cool the blood, {liáng xuè}
<i>liáo</i>	療	remedies	treat, {liáo}
<i>liè</i>	烈	violent, intense	harsh, {liè}
<i>lín lí</i>	淋瀝	dribbling [urination]	dribbling, {lín lí}
<i>líng</i>	凌	intimidates	intimidate (v.), {líng} (水氣凌心 {shuǐ qì líng xīn}, water-qì intimidating the heart)
<i>liú</i>	留	linger, lodges; remains	lodge (v.), {liú} (邪留三焦 {xié liú sān jiāo}, evil lodged in the triple burner)
<i>liú huǒ</i>	流火	flowing fire	fire flow, {liú huǒ}
<i>liú yǐn</i>	留飲	lingering thin mucus	lodged rheum, {liú yǐn}
<i>liú zhǔ</i>	流注	spreading, flow into; spreading sores	streaming sore, {liú zhù} (gravitation abscess)
<i>liù jīng</i>	六經	six stages, six warps, six channels, six axes	six channels, {liù jīng}

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<i>liù yín</i>	六淫	six pernicious influences	six excesses, {liù yín} (wind, cold, fire, summerheat, dampness, and dryness as environmental phenomena)
<i>lóng bì</i>	癃閉	urinary blockage	dribbling urinary block, {lóng bì}
<i>lòu</i>	漏	light uterine bleeding, leaking, spotting	spotting (n.), {lòu} (崩漏 {bēng lòu}, flooding and spotting)
<i>lòu</i>	瘻	chronic sores	fistula (n.), {lòu}
<i>lù</i>	慮	deliberation	preoccupation, {lù} (思慮過度 {sī lù guò dù}, excessive thought and preoccupation)
<i>luǒ lì</i>	瘰癧	scrofula	scrofula, {luǒ lì}
<i>luò</i>	絡	[n.] collaterals; [v.] connects, reticulates	network (vessel) (n.), {luò} (經絡 {jīng luò}, channels and network vessels)
<i>luò xué</i>	絡穴	connecting points, collateral points	network point, {luò xué}
<i>má</i>	麻	numbness, tingling	tingling (adj.), (n.), {má}
<i>má bì</i>	麻痺	paralysis	paralysis, {má bì}
<i>má mù</i>	麻木	numbness and paresthesia	numbness (and tingling), {má mù}
<i>mài</i>	脈	[blood] vessels	vessel (n.), {mài} (任脈 {rèn mài}, controlling vessel.)
<i>mǎn</i>	滿	fullness	fullness (n.), {mǎn} (腹滿 {fù mǎn}, abdominal fullness)
<i>máng cì</i>	芒刺	prickles	prickles, {máng cì}
<i>máo</i>	毛	[body] hair	[body] hair, {máo}
<i>mèn</i>	悶	stifling sensation	oppression (n.), {mèn} (胸悶 {xiōng mèn}, oppression in the chest)
<i>méng bì</i>	蒙蔽	veils	clouding, {méng bì} (as of mind or spirit)
<i>miàn chì</i>	面赤	flushed complexion	red face, {miàn chì}
<i>miàn huáng</i>	面黃	sallow complexion	yellow face, {miàn huáng}
<i>miàn sè</i>	面色	complexion	facial complexion, {miàn sè}
• <i>cāng bái</i>	蒼白	dusky pale	somber white, {cāng bái} (complexion)
• <i>cháo hóng</i>	潮紅	flushed	tidal reddening, {cháo hóng} (of the face)
• <i>wēi huáng</i>	萎黃	wan	withered-yellow, {wēi huáng} (complexion)
<i>míng</i>	明	brightens, clears, or enlightens	bright (n.)
<i>míng mù</i>	明目	clears the eyes, improves vision	brighten the eyes, {míng mù}
<i>mó</i>	磨	grinds away	rub, {mó}
<i>mò yuán</i>	膜原	membrane source	membrane source, {mò yuán}
<i>mù</i>	木	wood, wooden, numbness [absence of feeling]	wood (n.), {mù} (肝木 {gān mù}, liver-wood)
<i>mù xué</i>	募穴	alarm points	alarm point, {mù xué}

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<i>nà</i>	納	accepts [Kidneys]; takes in [Stomach, Liver]	intake (n.), {nà} (胃主受納 {wèi zhǔ shòu nà}, the stomach governs intake)
<i>nǎo lòu</i>	腦漏	seepage from the brain	brain leak, {nǎo lòu}
<i>nǎo míng</i>	腦鳴	ringing in the brain	ringing in the brain, {nǎo míng}
<i>nèi</i>	內	internal, inside	insert, {nà} (see also {nèi})
<i>nèi shāng fā rè</i>	內傷發熱	feverishness from internal damage	internal damage heat [effusion] (fever), {nèi shāng fā rè}
<i>nì</i>	逆	rebellious, counterflow	counterflow (n.), (adj.), {nì} (氣逆 {qì nì}, qì counterflow)
<i>nì</i>	膩	greasy [coating], cloying [substances]	slimy (adj.), sliminess (n.), {nì} (苔膩 {tāi nì}, slimy [tongue] fur)
<i>nì chuán</i>	逆傳	abnormal transmission	abnormal passage, {nì chuán}
<i>nì liú wǎn zhōu</i>	逆流挽舟	hauling the boat upstream	hauling the boat upstream, {nì liú wǎn zhōu}
<i>níng</i>	凝	congeals	congeal (v.), {níng} (寒凝肝脈 {hán níng gān mài}, cold congealing in the liver vessel)
<i>níng</i>	寧	makes tranquil, [calms OK]	quiet (v.), {níng} (寧心 {níng xīn}, quiet the heart)
<i>nù</i>	怒	anger	anger (n.), {nù} (mind associated with liver)
<i>nuǎn</i>	暖	warms	warm (v.), {nuǎn} (暖胃 {nuǎn wèi}, {warm} the stomach)
<i>nuè jí</i>	瘧疾	malarial disorder	malaria, {nuè jí}
<i>pái</i>	排	pushes out or expels	expel (v.), {pái} (排膿 {pái nóng}, expel pus)
<i>pái nóng</i>	排膿	expels pus	expel pus, {pái nóng}
<i>pái shí</i>	排石	pushes out stones	expel stones, {pái shí}
<i>páng guāng</i>	膀胱	Bladder	bladder, {páng guāng}
<i>péi</i>	培	nurtures	bank up (v.), {péi} (培土生金 {péi tǔ shēng jīn}, bank up earth to engender metal)
<i>pī</i>	劈	cuts through	split, {pī}
<i>pí</i>	皮	skin	skin (n.), {pí} (肺主皮毛 {fèi zhǔ pí máo}, the lung governs the skin and [body] hair)
<i>pí</i>	脾	Spleen	spleen (n.), {pí} (脾土 {pí tǔ}, spleen-earth)
<i>pí bù tǒng xuè</i>	脾不統血	Spleen cannot govern blood	spleen failing to control the blood, {pí bù tǒng xuè}
<i>pí fū</i>	皮膚	skin, skin and subcutaneous tissues	skin, {pí fū}
<i>pí qì xià xiàn</i>	脾气下陷	sunken Spleen qi	spleen qi fall, {pí qì xià xiàn}
<i>pí qì xū</i>	脾气虛	Spleen qi deficiency	spleen qi vacuity, {pí qì xū}
<i>pí shuǐ</i>	皮水	skin edema	skin water, {pí shuǐ} (a kind of swelling)
<i>pǐ</i>	痞	focal distention	glomus (n.), {pǐ} (胸脘痞滿 {xiōng wǎn pǐ mǎn}, glomus and fullness in the chest and stomach duct)

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<i>pǐ</i>	癖	ensconced lumps	aggregation (n.), {pǐ} (痲癖 {xián pì}, strings and aggregations)
<i>piān kū</i>	偏枯	hemilateral withering or hemiplegia	hemilateral withering, {piān kū}
<i>píng</i>	平	calms [pacifies OK] [v]; balanced [adj.]	calm (v.), {píng} (medicinal action. 平肝熄風 {píng gān xī fēng}, calm the liver and extinguish wind)
<i>píng chuǎn</i>	平喘	calms wheezing	calm panting, {píng chuǎn}
<i>píng gān xī fēng</i>	平肝熄風	calms the Liver and extinguishes wind	calm the liver and extinguish wind, {píng gān xī fēng}
<i>pò</i>	魄	corporeal soul	corporeal soul, {pò} (stored by the lung)
<i>pò</i>	迫	stresses, compels, forces, disturbs	hurry (v.), {pò}
<i>pò</i>	破	breaks up	break (v.), {pò} (破血 {pò xuè}, break blood)
<i>pò xuè</i>	破血	breaks up blood (stasis)	break blood, {pò xuè}
<i>qí héng zhī fǔ</i>	奇恆之腑	miscellaneous Organs	extraordinary organ, {qí héng zhī fǔ}
<i>qí jīng</i>	奇經	extraordinary channels	extraordinary vessel, {qí jīng}
<i>qì fēn</i>	氣分	qi level or sector [溫病]; qi aspect	qi aspect, {qì fēn}
<i>qì jī</i>	氣機	qi dynamic	qi dynamic, {qì jī}
<i>qì kǒu</i>	氣口	qi openings	qi opening, {qì kǒu}; wrist pulse
<i>qì nì</i>	氣逆	rebellious qi	qi counterflow, {qì nì}
<i>qì xiàn</i>	氣陷	sinking qi	qi fall, {qì xiàn}
<i>qì xū</i>	氣虛	qi deficiency	qi vacuity, {qì xū}
<i>qì yíng liǎng fān</i>	氣營兩燔	blazing [fire] in both the qi and nutritive [levels]	qi and construction both ablaze, {qì yíng liǎng fān}
<i>qì zhì</i>	氣滯	stagnant qi	qi stagnation, {qì zhì}
<i>qián</i>	潛	anchors, subdues	subdue (v.), {qián} (潛陽 {qián yáng}, subdue yáng)
<i>qián yáng</i>	潛陽	anchors the [errant] yang	subdue yáng, {qián yáng}
<i>qiáng</i>	強	strengthens	strong (adj.); strengthen (v.) (胃強脾弱 {wèi qiáng pí ruò}, strong stomach and weak spleen. See also 強 {jiàng} = stiff (adj.), stiffness (n.), {jiàng} (項強 {xiàng jiàng}, rigidity of the neck. See also 強 {qiáng})
<i>qiáng jīn gǔ</i>	強筋骨	strengthens the sinews and bones	strengthen sinew and bone, {qiáng jīn gǔ}
<i>qiáng mài</i>	強脈	[overly] strong pulse	strong pulse, {qiáng mài}
<i>qīn</i>	侵	invade, infiltrates	invade (n.), invasion (n.), {qīn} (白膜侵睛 {bái mó qīn jīng}, white membrane invading the eye)
<i>qīng</i>	清	clears	clear (adj.), (v.), clearing (n.), {qīng} (清陽不升 {qīng yáng bù shēng}, non-upbearing of {clear} yang)

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<i>qīng guāng yǎn</i>	青光眼	glaucomatous disorder	glaucoma, {qīng guāng yǎn}
<i>qīng máng</i>	青盲	insidious loss of vision without visible physical changes to the eye	clear-eye blindness, {qīng máng}
<i>qīng qiào</i>	清竅	clears consciousness, clears the sensory orifices	clear orifice, {qīng qiào}
<i>qīng rè</i>	清熱	clears heat	clear heat, {qīng rè}
<i>qīng sù</i>	清肅	clearing and clarifying	depuration, {qīng sù}
<i>qīng zào</i>	清燥	clears dryness	clear dryness, {qīng zào}
<i>qū</i>	祛	dispels	dispel (v.), {qū} (祛寒 {qū hán}, dispel cold)
<i>qū</i>	驅	expels, drives, reins in	expel (v.), {qū} (驅蟲 {qū chóng}, expel worms)
<i>qū chóng</i>	驅虫	expels parasites	expel worms, {qū chóng}
<i>qū fēng shī</i>	祛風濕	dispels wind-damp	dispel wind-damp, {qū fēng shī}
<i>qū hán</i>	祛寒	dispels cold	dispel cold, {qū hán}
<i>qū yū</i>	祛瘀	dispels blood stasis	dispel stasis, {qū yū}
<i>qū zhú</i>	驅逐	banish	expel, {qū zhú}
<i>què</i>	卻	depart, retreat	eliminate, {què}
<i>rǎo</i>	擾	harass, derange, make a disturbance, make trouble	harass (v.), {rǎo} (痰濁上擾 {tán zhuó shàng rǎo}, phlegm turbidity harassing the upper body)
<i>rè</i>	熱	hot, heat, feverish, fever	heat (n.)
<i>rè bì</i>	熱痺	hot painful obstruction	heat impediment, {rè bì}
<i>rè dú</i>	熱毒	heat toxin	heat toxin, {rè dú}
<i>rè jié</i>	熱結	clumped heat	heat bind, {rè jié}
<i>rè rù xuè shì</i>	熱入血室	heat enters the blood chamber	heat entering the blood chamber, {rè rù xuè shì}
<i>rè shèng</i>	熱盛	[over]abundant heat	exuberant heat, {rè shèng}
<i>rè tán</i>	熱痰	hot phlegm	heat phlegm, {rè tán}
<i>rè xié yōng fèi</i>	熱邪壅肺	heat pathogen clogs the Lungs	heat evil congesting the lung, {rè xié yōng fèi}
<i>rèn mài</i>	任脈	Conception vessel [controlling vessel, {rèn mài}
<i>rì bū cháo rè</i>	日晡潮熱	afternoon fevers	late afternoon tidal heat [effusion] (fever), {rì bū cháo rè}
<i>róng</i>	榮	manifestation	luxuriant (adj.), luxuriance (n.), {róng} (失榮 {shī róng}, loss-of-luxuriance)
<i>róu gān</i>	柔肝	softens the Liver	emolliate the liver, {róu gān}
<i>ròu</i>	肉	flesh	flesh (n.), {ròu} (筋肉 {jīn ròu}, sinew and flesh)
<i>rú</i>	濡	moisten [v.], soggy[adj.]	moisten (v.), {rú} (燥者濡之 {zào zhě rú zhī}, dryness is treated by moistening)
<i>rú mài</i>	濡脈	soggy pulse	soggy pulse, {rú mài}
<i>rǔ pǐ</i>	乳癖	breast lumps	mammary aggregation, {rǔ pǐ} (breast lump)

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<i>rǔ yōng</i>	乳癰	breast abscess	mammary welling-abscess, {rǔ yōng} (equivlaent to WM acute mastitis)
<i>ruǎn</i>	軟	softens	soft (adj.), {ruǎn} (脈軟 {mài ruǎn}, the pulse is soft)
<i>ruǎn jiān</i>	軟堅	softens areas of hardness	soften hardness, {ruǎn jiān}
<i>rùn</i>	潤	moistens, lubricates	moist (adj.), moisten (v.), {rùn} (潤苔 {rùn tāi}, moist [tongue] fur)
<i>rùn cháng</i>	潤腸	moistens the Intestines	moisten the intestines, {rùn cháng}
<i>rùn xià</i>	潤下	moistening laxative	moist precipitation, {rùn xià}
<i>ruò mài</i>	弱脈	frail pulse	weak pulse, {ruò mài}
<i>sāi</i>	塞	plugs	stop (v.)
<i>sān jiāo</i>	三焦	Triple Burner	triple burner, {sān jiāo}
<i>sàn</i>	散	scatters, disperses	dissipate (v.), dissipation (n.); scatter (散脉 sàn mài, scattered pulse) or, if read in the 3rd tone: powder (n.), {sǎn} (平胃散 {píng wèi sǎn}, Stomach-Calming Powder)
<i>sàn fēng</i>	散風	scatters or disperses wind	dissipate wind, {sàn fēng}
<i>sàn hán</i>	散寒	scatters or disperses cold	dissipate cold, {sàn hán}
<i>sàn jié</i>	散結	dissipates, disperses clumps, knots or nodules	dissipate binds, {sàn jié}
<i>sàn mài</i>	散脈	scattered pulse	dissipated pulse, {sàn mài}
<i>sàn yū</i>	散瘀	disperses stasis	dissipate stasis, {sàn yū}
<i>sè</i>	澀	binds [action]; rough [urination]	rough (adj.), {sè} (澀脈 {sè mài}, rough pulse; rough (adj.) (澀脉 sè mài, rough pulse; 小便短澀 xiǎo biàn duǎn sè, short rough voidings of urine); inhibited (adj.) (小便短澀 xiǎo biàn duǎn sè, short inhibited voidings of urine); dry (adj.) (目干澀 mù gān sè, dry eyes); astringe (v.), astringent (adj.) (澀腸 sè cháng, astringe the intestine; 澀剂 sè jì, astringent formula)
<i>sè cháng</i>	澀腸	binds up the Intestines	astringe the intestines, {sè cháng}
<i>sè jīng</i>	澀精	binds essence	astringe essence, {sè jīng}
<i>shā lín</i>	砂淋	gravelly painful urinary dribbling	sand strangury, {shā lín}
<i>shàn</i>	疝	bulging disorder	mounting (n.), {shàn} (寒疝 {hán shàn}, cold mounting)
<i>shàn qì</i>	疝氣	bulging qi [disorder]	mounting qi, {shàn qì}
<i>shāng</i>	傷	damages	damage (v.), (n.), {shāng} (熱邪傷陰 {rè xié shāng yīn}, heat evil damages yīn)
<i>shāng hán</i>	傷寒	cold-damage	cold damage, {shāng hán}
<i>shāng shí</i>	傷食	food-damage	food damage, {shāng shí}

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<i>shàng</i>	上	ascends, upwardly	up (adv.), upward (adv.), upper (body) (n.), {shàng}
<i>shàng jiāo</i>	上焦	upper burner	upper burner, {shàng jiāo}
<i>shàng yán</i>	上炎	flares upward	flame upward, {shàng yán}
<i>shào yáng</i>	少陽	lesser yang [lesser yáng, {shào yáng}
<i>shào yīn</i>	少陰	lesser yin [lesser yīn, {shào yīn}
<i>shé dān</i>	蛇丹	snake-creeping red papules	snake cinnabar, {shé dān}
<i>shè</i>	攝	contains	contain (v.), containment (n.), {shè} (氣不攝血 {qì bú shè xuè}, qì failing to contain the blood)
<i>shè</i>	射	shoots	shoot (v.), {shè} (水寒射肺 {shuǐ hán shè fèi}, water-cold shooting into the lung)
<i>shè</i>	舍	settles [into]	abandon, {shě}
<i>shēn rè</i>	身熱	[generalized] fever	generalized heat [effusion] (fever), {shēn rè}
<i>shēn rè bù yáng</i>	身熱不揚	fluctuating fever	unsurfaced generalized heat [effusion] (fever), {shēn rè bù yáng}
<i>shén</i>	神	spirit, psychic aspect	spirit (n.), {shén} (心藏神 {xīn cáng shén}, heart stores the spirit)
<i>shén hūn</i>	神昏	impaired consciousness, muddled consciousness	clouded spirit, {shén hūn}
<i>shén juàn</i>	神倦	weariness	lassitude of the spirit, {shén juàn}
<i>shén qíng dàn mò</i>	神情淡漠	apathetic expression	haziness of spirit-affect, {shén qíng dàn mò}
<i>shén shuāi</i>	神衰	lethargic level of consciousness	debilitated spirit, {shén shuāi}
<i>shèn</i>	腎	Kidneys	kidney (n.), {shèn}
<i>shèn</i>	滲	leaches out, filters out, percolates. Permeates	percolate (v.), {shèn} (淡滲利水藥 {dàn shèn lì shuǐ yào} bland percolating water-disinhibiting medicinals)
<i>shèn bù nà qì</i>	腎不納氣	Kidneys cannot accept qi	kidney failing to absorb qi, {shèn bù nà qì}
<i>shèn shī</i>	滲濕	leaches out dampness	percolate dampness, {shèn shī}
<i>shèn shī fēng cáng</i>	腎失封藏	loss of Kidney closure and storage [functions]	kidney failing to store, {shèn shī fēng cáng}
<i>shèn zhuó</i>	腎著	fixed kidneys [or fixed kidney disorder]	kidney fixity, {shèn zhuó}
<i>shēng</i>	生	generates	engender (v.), engenderment (n.), {shēng} (火生土 {huǒ shēng tǔ}, fire engenders earth)
<i>shēng</i>	升	raises, ascends	bear upward (v.), {shēng} (清陽不升 {qīng yáng bù shēng}, clear yáng failing to bear upward)
<i>shēng</i>	升舉	raises and lifts	uplift, {shēng jǔ}
<i>shēng jī</i>	生肌	generates flesh	engender flesh, {shēng jī}
<i>shēng qīng</i>	升清	raises the clear	upbear the clear, {shēng qīng}

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<i>shèng</i>	盛	[~pathogens] ... [over]abundance, overwhelming; [~vessels] ... congestion, [over]filled, brimming	exuberant (adj.), exuberance (n.), {shèng} (邪氣盛 {xié qì shèng}), exuberant evil qì
<i>shèng</i>	勝	prevails [over] [v.], preponderance [n.]	prevail (v.), prevalent (adj.), prevalence (n.), {shèng}
<i>shèng shī</i>	勝濕	prevails over dampness	overcome dampness, {shèng shī}
<i>shī</i>	濕	damp (adj. or compound n.), dampness (n.)	damp (adj.), (n.), dampness (n.), {shī} (濕氣 {shī qì}), damp qì
<i>shī làn</i>	濕爛	damp erosions	damp ulceration, {shī làn}
<i>shī rè</i>	濕熱	damp-heat	damp-heat, {shī rè}
<i>shī rè xià zhù</i>	濕熱下注	damp-heat lodged in the lower burner	damp-heat pouring downward, {shī rè xià zhù}
<i>shī sī</i>	失司	breakdown, loss of management, loss of oversight	breakdown, {shī sī}
<i>shī tán</i>	濕痰	damp-phlegm	damp phlegm, {shī tán}
<i>shī xuǎn</i>	濕癬	damp tinea-like rash	damp lichen, {shī xiǎn}
<i>shī yīn</i>	失音	loss of voice	loss of voice, {shī yīn}
<i>shī zhí</i>	失職	loss of ability to do X, loss of management of X, impairment	failure to perform its office, {shī zhí}
<i>shí</i>	實	excess [pathology]; fullness; bolsters, makes replete, make more full [physiology]	replete (adj.), repletion (n.), replenish (v.), {shí} (實脈 {shí mài}), replete pulse
<i>shí bìng</i>	時病	seasonal diseases	seasonal disease, {shí bìng}
<i>shí lín</i>	石淋	stony painful urinary dribbling	stone strangury, {shí lín}
<i>shí mài</i>	實脈	excessive pulse	replete pulse, {shí mài}
<i>shǐ</i>	史	envoy	history, {shǐ}
<i>shì</i>	勢	momentum	dynamic, {shì} (位數勢 {wèi shù xíng shì}, position, pace, form, and dynamic)
<i>shì wò</i>	嗜臥	just wants to sleep	somnolence, {shì wò}
<i>shōu liǎn</i>	收斂	restrain and inhibit [astringent] restrain and hold in/back	astringe, {shōu liǎn}
<i>shǒu</i>	守	defends, conserves	guard, {shǒu}
<i>shòu</i>	受	receives, picks up	contract (v.), contraction (n.), {shòu} (受寒 {shòu hán}), contract cold
<i>shū</i>	疏	disperses, dredges	course (v.), {shū} (肝主疏泄 {gān zhǔ shū xiè}, the liver governs free {coursing})

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<i>shū</i>	舒	soothes	soothe (v.), {shū} (舒肝shū gān), soothe the liver)
<i>shū fēng</i>	疏風	disperses wind	course wind, {shū fēng}
<i>shū gān</i>	疏肝	dredges Liver qi	course the liver, {shū gān}
<i>shū gān</i>	舒肝	soothes the Liver	soothe the liver, {shū gān}
<i>shū jīn</i>	舒筋	soothes the sinews	soothe the sinews, {shū jīn}
<i>shū xué</i>	輸穴	transporting points [group], transport point [individual – stream OK]	acupuncture point, {shū xué}
<i>shū yù</i>	疏鬱	disperses constraint	course depression, {shū yù}
<i>shǔ</i>	暑	summerheat	summerheat (n.), {shǔ} (暑濕 {shǔ shī}, summerheat-damp)
<i>shǔ shī</i>	暑濕	damp-summerheat	summerheat-damp, {shǔ shī}
<i>shǔ wēn</i>	暑溫	summerheat-warmth	summerheat warmth, {shǔ wēn}
<i>shù</i>	束	fetters, ties up	fetter (n.), {shù} (風寒束肺 {fēng hán shù fèi}, wind-cold fettering the lung)
<i>shù xué</i>	腧穴	[acupuncture] point, [back] associated point	acupuncture point, {shù xué}
<i>shuāi</i>	衰	debilitated, sapped	debilitate (v.), debilitation (n.), {shuāi} (陰盛陽衰 {yīn shèng yáng shuāi}, prevalence of yīn with {debilitation} of yang)
<i>shuǐ</i>	水	water, edema	water (n.), {shuǐ} (水谷 {shuǐ gǔ}, grain and water)
<i>shuǐ bù hán mù</i>	水不涵木	water cannot restrain wood	water failing to moisten wood, {shuǐ bù hán mù}
<i>shuǐ dào</i>	水道	water pathway	ST-28, {shuǐ dào} (Waterway)
<i>shuǐ gǔ</i>	水穀	liquids and grains	grain and water, {shuǐ gǔ}
<i>shuǐ rè hù jié</i>	水熱互結	clumping of water and heat, OR water/heat complexes	binding of water and heat, {shuǐ rè hù jié}
<i>shuǐ xié</i>	水邪	pathogenic water	water evil, {shuǐ xié}
<i>shùn</i>	順	smooth, smooths, normal	favorable (adj.), {shùn} (順證 {shùn zhèng}, favorable pattern)
<i>shùn chuán</i>	順傳	normal transmission	normal passage, {shùn chuán}
<i>shùn qì</i>	順氣	smooths the flow of qi	normalize qi, {shùn qì}
<i>shuò mài</i>	數脈	rapid pulse	rapid pulse, {shuò mài}
<i>sī</i>	司	manage	be in charge of, {sī}
<i>sī</i>	思	pondering, pensiveness, excessive thinking	thought (n.), {sī} (mind associated with spleen)
<i>sì zhī</i>	四肢	extremities, limbs	four limbs, {sì zhī}
<i>sì zhī juàn dài</i>	四肢倦怠	weak and easily fatigued extremities	fatigued limbs, {sì zhī juàn dài}
<i>sì zhī kùn juàn</i>	四肢困倦	tired limbs	fatigued cumbersome limbs, {sì zhī kùn juàn}
<i>sì zǒng xué</i>	四總穴	four command points	four command points, {sì zǒng xué}

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<i>sōu fēng</i>	搜風	tracks (down) wind	track (down) wind, {sōu fēng}
<i>sù jiàng</i>	肅降	clarifying and descending/cause to descend	depurative downbearing, {sù jiàng}
<i>sù tán</i>	宿痰	dormant or deep, harbored phlegm	abiding phlegm, {sù tán}
<i>suǐ</i>	髓	medulla, marrow	marrow (n.), {suǐ} (髓海 {suǐ hǎi}, sea of marrow)
<i>sūn luò</i>	孫絡	minute collaterals	grandchild network vessel, {sūn luò}
<i>sūn xiè</i>	飧泄	urgent [morning] diarrhea	swill diarrhea, {sūn xiè}
<i>sǔn</i>	損	harm	detriment (n.), {sǔn} (虛損 {xū sǔn}, vacuity detriment)
<i>suō niào</i>	縮尿	reserves urine, contain urination	reduce urine, {suō niào}
<i>tāi dòng bù ān</i>	胎動不安	restless fetus	stirring fetus, {tāi dòng bù ān}
<i>tài yáng</i>	太陽	greater yang [greater yáng, {tài yáng}
<i>tài yīn</i>	太陰	greater yin [greater yīn, {tài yīn}
<i>tán</i>	痰	[Chinese medicine] phlegm; [biomedicine] sputum (from lungs), mucus (other organs)	phlegm (n.), {tán} (脾虛生痰 {pí xū shēng tán}, spleen vacuity engendering {phlegm})
<i>tán bì</i>	痰閉	phlegm obstruction	phlegm block, {tán bì}
<i>tán duō</i>	痰多	profuse sputum	copious phlegm, {tán duō}
<i>tán huǒ</i>	痰火	phlegm-fire	phlegm-fire, {tán huǒ}
<i>tán huǒ rǎo xīn</i>	痰	phlegm-fire deranges/harries the Heart	phlegm (n.), {tán} (脾虛生痰 {pí xū shēng tán}, spleen vacuity engendering {phlegm})
<i>tán méng xīn qiào</i>	痰蒙心竅	phlegm veils the (Heart) orifices	phlegm clouding the orifices of the heart, {tán méng xīn qiào}
<i>tán míng</i>	痰鳴	gurgling sound in the throat	phlegm rale, {tán míng}
<i>tán pī</i>	痰痞	phlegm lumps	phlegm glomus, {tán pī}
<i>tán rè</i>	熱痰	phlegm-heat	heat phlegm, {rè tán}
<i>tán shī,</i>	痰濕	damp-phlegm	phlegm-damp, {tán shī}
<i>tán yǐn</i>	痰飲	either phlegm and thin mucus or thin mucus	phlegm-rheum, {tán yǐn}
<i>téng</i>	疼	achy, aches	pain (n.), painful (adj.), {téng} (胃脘疼痛 {wèi wǎn téng tòng}, stomach duct {pain})
<i>tì</i>	惕	dread, jerks	fear, {tì}; jerk
<i>tì</i>	涕	nasal mucus	snivel (n.), {tì} (涕黃 {tì huáng}, yellow snivel)
<i>tiān guǐ</i>	天癸	heavenly dew	tian-gui, {tiān guǐ} (the principle of reproductive viability, menstruation)
<i>tiáo</i>	調	adjusts	regulate (v.), regulation (n.), {tiáo} (調經 {tiáo jīng}, regulate menstruation)

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<i>tiáo dá</i>	條達	thrusts out	orderly reaching, {tiáo dá}
<i>tiáo qì</i>	調氣	adjusts the qi	regulate qi, {tiáo qì}
<i>tíng</i>	停	tarry, stop	collect (v.), {tíng} (水液內停 {shuǐ yì nèi tíng}, water-humor collecting internally)
<i>tōng</i>	通	unblocks, promotes, pervades	free (v.), {tōng} (通可去滯 {tōng kě qù zhì}, freeing can eliminate stagnation)
<i>tōng bí qiào</i>	通鼻竅	unblocks the nasal passages	free the nasal orifices, {tōng bí qiào}
<i>tōng biàn</i>	通便	unblocks the bowels/excretion	free the stool, {tōng biàn}
<i>tōng fǔ</i>	通腑	unblocks the yang organs/bowels	free the bowels, {tōng fǔ}
<i>tōng lín</i>	通淋	unblocks painful urinary dribbling	free strangury, {tōng lín}
<i>tōng luò</i>	通絡	unblocks the collaterals	free the network vessels, {tōng luò}
<i>tōng mài</i>	通脈	unblocks the [blood] vessels	free the vessels, {tōng mài}
<i>tōng rǔ zhī</i>	通乳汁	promotes or unblocks lactation	promote lactation, {tōng rǔ zhī}
<i>tōng xià</i>	通下	purge, unblock downwards	precipitation, {tōng xià}
<i>tōng yáng</i>	通陽	unblocks the yang	free yáng, {tōng yáng}
<i>tǒng</i>	統	governs	control (v.), {tǒng} (脾不統血 {pí bù tǒng xuè}, spleen failing to control the blood)
<i>tòng bì</i>	痛痹	severe painful obstruction	painful impediment, {tòng bì}
<i>tòng chǔ</i>	痛楚	pangs of pain	pain, {tòng chǔ}
<i>tòng fēng</i>	痛風	painful wind [**biomedical = gout]	pain wind, {tòng fēng}
<i>tòng jīng</i>	痛經	painful menstruation, dysmenorrhea	menstrual pain, {tòng jīng}
<i>tóu zhòng</i>	頭重	sensation of heaviness of the head	heavy-headedness, {tóu zhòng}
<i>tòu</i>	透	vents [out]; penetrates [in]	thrust out(ward) (v.), {tòu}
<i>tòu rè</i>	透熱	vents heat	outthrust heat, {tòu rè}
<i>tòu zhēn</i>	透疹	vents rashes	outthrust papules, {tòu zhēn}
<i>tǔ</i>	土	earth	earth (n.), {tǔ} (土生金 {tǔ shēng jīn}, earth engenders metal)
<i>tù</i>	吐	vomit, spit up	spit, {tǔ}
<i>tù xuè</i>	吐血	spitting up blood	blood ejection, {tù xuè}
<i>tuì</i>	退	reduces	abate (v.)
<i>tuì huáng</i>	退黃	reduces jaundice	abate jaundice, {tuì huáng}
<i>tuì rè</i>	退熱	reduces fever or heat	abate heat, {tuì rè}
<i>tuì zhǒng</i>	退腫	reduces edema or swelling	reduce swelling, {tuì zhǒng}

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<i>tūn suān</i>	吞酸	acid regurgitation	acid swallowing, {tūn suān}
<i>tuō</i>	脫	loss, abandonment; draw off	desert (v.), desertion (n.), {tuō} (氣隨血脫 {qì suí xuè tuō}, qì deserting with the blood)
<i>tuō jū</i>	脫疽	sloughing ulcer	sloughing flat-abscess, {tuō jū} (equivalent to gangrene of the extremities)
<i>tuō lǐ</i>	托裡	supports the interior	internal expression, {tuō lǐ}
<i>tuò</i>	唾	saliva [n], spit [v]	spittle (n.), {tuò}
<i>wài</i>	外	external, outside	out (adv.), outward (adv.), outer (adj.), outer body (n.), {wài} (宗氣外泄 {zōng qì wài xiè}, {outward} discharge of ancestral qì)
<i>wài gǎn</i>	外感	externally-contracted	external contraction, {wài gǎn}
<i>wán tán</i>	頑痰	stubborn phlegm	stubborn phlegm, {wán tán}
<i>wǎn</i>	腕	[gastric] cavity (胃腕)	stomach duct (n.), {guǎn} (see {wǎn} 腕)
<i>wèi wǎn</i>	胃腕		stomach duct, {wèi wǎn}
<i>wǎn fā</i>	晚發	delayed discharge	late emergence, {wǎn fā}
<i>wáng</i>	亡	[great] loss, devastation, destroyed	collapse (v.), (n.), {wáng} (亡陽虛脫 {wáng yáng xū tuō}, yáng-collapse vacuity desertion)
<i>wáng yáng</i>	亡陽	devastated yang	yáng collapse, {wáng yáng}
<i>wàng</i>	旺	flourishing	effulgent (adj.), effulgence (n.), {wàng} (陰虛火旺 {yīn xū huǒ wàng}, effulgent yīn vacuity fire)
<i>wàng xíng</i>	妄行	chaotic movement	frenetic movement, {wàng xíng}
<i>wēi</i>	微	feeble, faint, slight; [v.] diminish	mild (adj.), {wēi} (微風 {wēi fēng}, mild wind); slight (adj.) (微微出汗 wēi wēi chū hàn, slight sweating); faint (n.) (微脈 wēi mài, faint pulse); debilitation (n.) (衰微 shuāi wēi, debilitation)
<i>wēi mài</i>	微脈	faint pulse	faint pulse, {wēi mài}
<i>wèi</i>	畏	antagonizes	fear, {wèi}
<i>wèi</i>	胃	Stomach	stomach (n.), {wèi} (胃氣虛寒 {wèi qì xū hán}, stomach qì vacuity cold)
<i>wèi fèn</i>	衛分	protective level/sector	defense aspect, {wèi fèn}
<i>wèi hán</i>	畏寒	fear of cold	fear of cold, {wèi hán}
<i>wèi huǒ shàng shēng</i>	胃火上升	ascending of Stomach fire	stomach fire bearing upward, {wèi huǒ shàng shēng}
<i>wèi qì</i>	衛氣	protective qì, defensive qì, defense qì, guardian qì	defense qì, {wèi qì}
<i>wèi xū hán</i>	胃虛寒	Stomach cold from deficiency	stomach vacuity cold, {wèi xū hán}
<i>wēn</i>	溫	warms	warm (adj.), (v.), warmth (n.), {wēn} (溫病 {wēn bìng}, warm disease)
<i>wēn bìng</i>	溫病	warm pathogen diseases	warm disease, {wēn bìng}
<i>wēn dú</i>	溫毒	warm-toxin	warm toxin, {wēn dú}

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<i>wēn huà hán tán</i>	溫化寒痰	warms and transforms cold-phlegm	warm and transform cold phlegm, {wēn huà hán tán}
<i>wēn jīng</i>	溫經	warms menses	warm the channels, {wēn jīng}; warms the menses
<i>wēn lǐ</i>	溫裡	warms the interior	warm the interior, {wēn lǐ}
<i>wēn rè bìng</i>	溫熱病	warm-heat pathogen diseases	warm heat disease, {wēn rè bìng}
<i>wēn xià</i>	溫下	warm [the yang] and purge	warm precipitation, {wēn xià}
<i>wēn yì</i>	瘟疫	epidemic disorders	scourge epidemic, {wēn yì}
<i>wēn yì</i>	溫疫	warm epidemics	warm epidemic, {wēn yì}
<i>wū fēng</i>	惡風	aversion to wind	aversion to wind, {wù fēng}
<i>wū hán</i>	惡寒	chills [aversion to cold OK]	aversion to cold, {wù hán}
<i>wū shí</i>	惡食	aversion to food	aversion to food, {wù shí}
<i>wǔ chí</i>	五遲	five retardations	five slownesses, {wǔ chí}
<i>wǔ ruǎn</i>	五軟	five weaknesses	five limpnesses, {wǔ ruǎn}
<i>wǔ shù xué</i>	五腧穴	five transport points	five transport points, {wǔ shù xué}
<i>wǔ xíng</i>	五行	five phases, five-phase	five phases, {wǔ xíng}
<i>wǔ yè</i>	五液	five excretions	five humors, {wǔ yè}
<i>xī</i>	吸	inhales, draws in	inhale, {xī}
<i>xī gǔ</i>	溪谷	muscular striations	ravines and valleys, {xī gǔ}
<i>xí</i>	襲	assaults	assail (v.), assailment (n.), {xí} (風邪襲表 {fēng xié xié biǎo}, wind evil assailing the exterior)
<i>xí</i>	熄	extinguishes	extinguish (n.), {xī} (熄風 {xī fēng}, extinguish wind)
<i>xí</i>	瘰	polyp	polyp (n.), {xī} (鼻息肉 {bí xī ròu}, nasal polyp)
<i>xí fēng</i>	熄風	extinguishes wind	extinguish wind, {xī fēng}
<i>xǐ</i>	喜	elation, joy	joy (n.), {xǐ} (mind associated with heart)
<i>xì mài</i>	細脈	thin or fine pulse	fine pulse, {xì mài}
<i>xià gān</i>	下疳	syphilitic sores	lower body gān, {xià gān}
<i>xià hé xué</i>	下合穴	lower uniting point [lower sea OK]	lower uniting point, {xià hé xué}
<i>xià jiāo</i>	下焦	lower burner	lower burner, {xià jiāo}
<i>xià qì</i>	下氣	drives qi downward	precipitate qi, {xià qì}
<i>xià yuán</i>	下元	lower base	lower origin, {xià yuán} (kidney, esp. kidney yáng and kidney qi)
<i>xiān tiān zhī jīng</i>	先天之精	congenital essence	earlier heaven essence, {xiān tiān zhī jīng}
<i>xián</i>	涎	oral mucus	drool (n.), {xián} (涎為脾液 {xián wéi pí yè}, drool is the humor of the spleen)
<i>xián</i>	鹹	salty	salty (adj.), saltiness (n.), salted (adj.), {xián} (鹹入腎 {xián rù shèn}, saltiness enters the kidney)
<i>xián mài</i>	弦脈	wiry pulse	stringlike pulse, {xián mài}

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<i>xiàn</i>	陷	sink	fall (v.), (n.), {xiàn} (中氣下陷 {zhōng qì xià xiàn}, center qì fall)
<i>xiāng bó</i>	相搏	[mutually] contend, struggle, interact	contend, {xiāng bó}
<i>xiāng kè</i>	相克	mutual control	restraining, {xiāng kè} (five phases)
<i>xiāng shēng</i>	相生	mutual generation	engendering, {xiāng shēng} (five phases)
<i>xiāng xū</i>	相須	mutual accentuation	mutual need, {xiāng xū} (7 relations)
<i>xiàng huǒ</i>	相火	ministerial fire	ministerial fire, {xiàng huǒ}
<i>xiāo</i>	消	reduces, eliminates, digests, diminishes	disperse (v.), dispersion (n.), {xiāo} (食導滯 {xiāo shí dǎo zhì}, disperse and abduct stagnation)
<i>xiāo dǎo</i>	消導	reduces and guides out	abductive dispersion, {xiāo dǎo}
<i>xiāo jī</i>	消積	reduces accumulation	disperse accumulations, {xiāo jī}
<i>xiāo kě</i>	消渴	wasting and thirsting disorder; unquenchable thirst [Zhang Zhong-Jing's works]	dispersion-thirst, {xiāo kě}
<i>xiāo shí</i>	消石	reduces/dissolves stones	niter, {xiāo shí} (Nitrum)
<i>xiāo yōng</i>	消癰	reduces abscesses	disperse welling-abscesses, {xiāo yōng}
<i>xiāo zhǒng</i>	消腫	reduces swelling or edema	disperse swelling, {xiāo zhǒng}
<i>xiǎo biàn bù lì</i>	小便不利	urinary difficulty	inhibited urination, {xiǎo biàn bù lì}
<i>xiǎo cháng</i>	小腸	Small Intestine	small intestine, {xiǎo cháng}
<i>xiǎo cháng qì zhì</i>	小腸氣滯	stagnant Small Intestine qi	small intestinal qì stagnation, {xiǎo cháng qì zhì}
<i>Xiao</i>	哮	asthma	wheezing (n.), {xiào} (熱哮 {rè xiāo}, heat wheezing)
<i>Xié</i>	脅	hypochondrium	rib-side (n.), {xié} (胸脅脹滿 {xiōng xié zhàng mǎn}, distention and fullness in the chest and rib-side)
<i>xié qì</i>	邪氣	pathogenic qi	evil qì, {xié qì}
<i>xié xià</i>	脅下	flanks	under the rib-side, {xié xià}
<i>xiè</i>	瀉	drains, drains out, draws off [physio.]	drain (v.), drainage (n.), {xiè} (清熱瀉火 {qīng rè xiè huǒ}, clear heat and drain fire)
<i>xiè</i>	泄	drains out, discharges	discharge (v.), (n.), {xiè} (泄熱 {xiè rè}, discharge heat)
<i>xiè huǒ</i>	瀉火	drains fire	drain fire, {xiè huǒ}
<i>xiè xià</i>	瀉下	drains downward	draining precipitation, {xiè xià}
<i>xīn</i>	心	Heart	heart (n.), {xīn} (心藏神 {xīn cáng shén}, the heart stores the spirit)
<i>xīn</i>	辛	acid	acid (adj.), acidity (n.), {xīn} (辛入肺 {xīn rù fèi}, acidity enters the lung)
<i>xīn bāo</i>	心包	Pericardium	pericardium, {xīn bāo}
<i>xīn jì</i>	心悸	palpitations	palpitations, {xīn jì}

PINYIN	CHINESE	EASTLAND	PRACTICAL DICTIONARY
<i>xīn xià</i>	心下	epigastrium [premodern: area below the Heart OK]	below the heart, {xīn xià}
<i>xīn yí rè yú xiǎo cháng</i>	心移熱于小腸	Heart fire transferred to the Small Intestine	heart heat spreading to the small intestine, {xīn yí rè yú xiǎo cháng}
<i>xīng</i>	腥	fishy	fishy-smelling (adj.), {xīng} (腥味 {xīng wèi}, fishy smell)
<i>xíng</i>	行	promotes (movement), proceeds, travels	move (v.), {xíng} (行氣 {xíng qì}, move qi)
<i>xíng bì</i>	行痺	[v.] promotes movement (in areas of painful obstruction); [n.] moving painful obstruction	moving impediment, {xíng bì}
<i>xíng qì</i>	行氣	promotes movement of the qi	move qi, {xíng qì}
<i>xíng shuǐ</i>	行水	promotes the dissipation of pathogenic water	move water, {xíng shuǐ}
<i>xǐng</i>	醒	wakes, awakens	rouse (v.), {xǐng} (醒脾 {xǐng pí}, rouse the spleen)
<i>xǐng pí</i>	醒脾	awakens the Spleen	arouse the spleen, {xǐng pí}
<i>xǐng shén</i>	醒神	awakens the spirit/restores consciousness	arouse the spirit, {xǐng shén}
<i>xiōng bì</i>	胸痺	chest painful obstruction	chest impediment, {xiōng bì}
<i>xiōng mèn</i>	胸悶	stifling sensation in the chest/ sense of oppression in the chest	oppression in the chest, {xiōng mèn}
<i>xiōng xié kǔ mǎn</i>	胸脅苦滿	an unpleasant fullness in the chest and hypochondriac	fullness in the chest and rib-side, {xiōng xié kǔ mǎn}
<i>xiōng xié tòng</i>	胸脅痛	chest and hypochondriac pain	chest and rib-side pain, {xiōng xié tòng}
<i>xióng</i>	雄	robust, virile	male (of birds), {xióng}
<i>xū</i>	虛	deficiency, hollow	vacuous (adj.), vacuity (n.), {xū} (虛脈 {xū mài}, vacuous pulse)
<i>xū huǒ shàng yán</i>	虛火上炎	fire from deficiency blazing upward	upflaming vacuity fire, {xū huǒ shàng yán}
<i>xū láo</i>	虛勞	deficiency and overwork; deficiency overwork; or deficiency consumption	vacuity taxation, {xū láo}
<i>xū mài</i>	虛脈	deficient pulse	vacuous pulse, {xū mài}
<i>xuān</i>	宣	disseminates, dissipates, diffuses, disbands	diffuse (v.), diffusion (n.), {xuān} (宣肺 {xuān fèi}, diffuse the lung)
<i>xuān tōng bí qiào</i>	宣通鼻竅	disperses and unblocks the qi of the nasal orifice	free the nasal orifices, {xuān tōng bí qiào}

PINYIN	CHINESE	EASTLAND	PRACTICAL DICTIONARY
<i>xuán pǐ</i>	癍	[Chinese] periumbilical and hypochondriac firmness & pain; [Japanese] chronic muscle cramps [primarily of chest & shoulders]	aggregation (n.), {pǐ} (痲癍 {xián pì}, strings and aggregations)
<i>xuán yǐn</i>	懸飲	suspended thin mucus	suspended rheum, {xuán yǐn}
<i>xuǎn</i>	癬	tinea	lichen (n.), {xiǎn} (松皮癬 {sōng pí xiǎn}, pine bark lichen)
<i>xuàn</i>	眩	vertigo	dizziness, {xuàn}
<i>xuàn yūn</i>	眩暈	dizziness	dizziness, {xuàn yūn}
<i>xuè</i>	血	blood	blood (n.), bloody (adj.), {xuè} (氣血 {qì xuè}, qì and blood)
<i>xuè bì</i>	血痺	painful obstruction of the blood	blood impediment, {xuè bì}
<i>xuè fēn</i>	血分	blood level or sector [溫病]; blood aspect [elsewhere]	blood aspect, {xuè fēn}
<i>xuè lín</i>	血淋	painful bloody urinary difficulty	blood strangury, {xuè lín}
<i>xuè rè wàng xíng</i>	血熱妄行	chaotic movement of hot blood	frenetic movement of hot blood, {xuè rè wàng xíng}
<i>xuè xū</i>	血虛	blood deficiency	blood vacuity, {xuè xū}
<i>xuè yū</i>	血瘀	blood stasis, or stasis of blood	blood stasis, {xuè yū}
<i>xūn zhēng</i>	熏蒸	fumes upwards [path]; evaporates [treatment]	fuming and steaming, {xūn zhēng} (methods of treatment)
<i>xún</i>	循	traverses	follow, {xún}
<i>yá gān</i>	牙疳	progressive ulceration of the gums	gān of the teeth and gums, {yá gān}
<i>yān hóu zhǒng tòng</i>	咽喉腫痛	painful and swollen throat	sore swollen throat, {yān hóu zhǒng tòng}
<i>yān zào</i>	咽燥	parched throat	dry pharynx, {yān zào}
<i>yáng míng</i>	陽明	yang brightness [yáng brightness, {yáng míng}
<i>yáng qiāo mài</i>	陽蹻脈	Yang Heel vessel [yáng springing vessel, {yáng qiāo mài}
<i>yáng wéi mài</i>	陽維脈	Yang Linking vessel [yáng linking vessel, {yáng wéi mài}
<i>yǎng</i>	養	nourishes	nourish (v.), nourishment (n.), {yǎng} (養陰 {yǎng yīn}, nourish yīn)
<i>yāo tòng</i>	腰痛	lower back pain	lumbar pain, {yāo tòng}
<i>yē</i>	噎	dysphagia	dysphagia, {yē}
<i>yè</i>	液	yin fluids, thick fluids	humor (n.), {yè} (津液 {jīn yè}, liquid and humor)
<i>yí niào</i>	遺尿	enuresis	enuresis, {yí niào}

PINYIN	CHINESE	EASTLAND	PRACTICAL DICTIONARY
yì	益	augments, benefits	boost (v.), {yì} (益氣生津 {yì qì shēng jīn}, boost qì and engender liquid)
yì	意	intention, signification	reflection, {yì} (stored by the spleen)
yì	翳	superficial visual obstruction	screen (n.), {yì} (目翳 {mù yì}, eye screen)
yì	抑	curbs	repress (v.), {yì} (抑肝 {yì gān}, repress the liver)
yì dú	疫毒	epidemic toxin	epidemic toxin, {yì dú}
yì gān	抑肝	curbs the Liver	repress the liver, {yì gān}
yì lì	疫癘	epidemic pestilence	epidemic pestilence, {yì lì}
yì qì	益氣	augments the qì	boost qì, {yì qì}
yì yǐn	溢飲	overflowing or flooding thin mucus	spillage rheum, {yì yǐn}
yīn qiāo mài	陰蹻脈	Yin Heel vessel [yīn springing vessel, {yīn qiāo mài}
yīn wéi mài	陰維脈	Yin Linking vessel [yīn linking vessel, {yīn wéi mài}
yīn yǎng	陰癢	genital itching	puddental itch, {yīn yǎng}
yǐn	飲	thin mucus	rheum (n.), {yǐn} (痰飲 {tán yǐn}, phlegm-rheum)
yíng fēn	營分	nutritive/constructive level/sector	construction aspect, {yíng fēn}
yíng qì	營氣	nutritive/constructive qì	construction qì, {yíng qì}
yíng xué	榮穴	gushing point [spring OK]	brook point, {yíng xué} (one of the five transport points)
yǐng	瘰	goiter	goiter (n.), {yǐng} (氣瘰 {qì yǐng}, qì goiter)
yǐng liú	瘰瘤	goiter; neck tumors	goiters and tumors of the neck, {yǐng liú}
yōng	癰	abscess, sore, ulcer	welling-abscess (n.), {yōng} (腸癰 {cháng yōng}, intestinal welling-abscess)
yōng	壅	clogs	congest (v.), congestion (n.), {yōng} (飲邪壅肺 {yǐn xié yōng fēi}, rheum evil congesting the lung)
yōu	憂	worry, upset, melancholy	anxiety (n.), {yōu} (mind or emotion of the lung)
yóu fēng	游風	roving wind	wandering wind, {yóu fēng}
yǒu yú	有餘	over abundance, surplus	superabundance, {yǒu yú}
yū rè	瘀熱	static heat	stasis heat, {yū rè}
yù	鬱	constrains, constraint	depression (n.), (lie) depressed (adj.), {yù} (肝郁 {gān yù}, liver depression)
yù huǒ	鬱火	fire from constraint	depressed fire, {yù huǒ}
yù yīn	育陰	fosters yin	foster yīn, {yù yīn}
yuán	元	prime, primal, base	origin (n.), original (adj.), {yuán} (下元 {xià yuán}, lower origin)
yuán qì	元氣	primal qì	original qì, {yuán qì}
yuán qì	原氣	source qì	source qì, {yuán qì}
yuán xué	原穴	source points	source point, {yuán xué}
yuē	噦	eructate	vomit (v.), {yuē}

PINYIN	CHINESE	EASTLAND	PRACTICAL DICTIONARY
yuē	約	binds [up] or constrains (a strong Stomach “binds” a weak Spleen)	retain (v.), {yuē}; constrain (v.); straiten (v.)
yuè	越	surmount, disseminate (physiology); overstep (pathology); thrust out, evict (treatment)	stray (v.), astray (adj.), {yuè} (孤陽浮越 {gū yáng fú yuè}, solitary yáng floating astray)
yuè jīng shī tiáo	月經失調	irregular menstruation	menstrual irregularities, {yuè jīng shī tiáo}
yūn	蘊	collects	brew (v.), {yùn} (濕熱蘊結 {shī rè yùn jié}, damp-heat brewing (and binding))
yùn	暈	lightheadedness	dizzy (adj.), dizziness (n.), {yūn} (頭暈目眩 {tóu yūn mù xuàn}, dizzy head and vision)
yùn pí	運脾	improves the Spleen’s transporting function	move the spleen, {yùn pí}
zá bìng	雜病	miscellaneous or heterogeneous diseases	miscellaneous disease, {zá bìng}
zàng	臟	yin organs, viscera	viscus (n.), viscera (pl.), visceral (adj.), {zàng} (plural viscera. 五臟 {wǔ zàng}, the five {viscera})
zàng fǔ	臟腑	organs or yin and yang organs	bowels and viscera, {zàng fǔ}
zàng zào	臟躁	restless organ disorder	visceral agitation, {zàng zào}
zào	燥	dries (v.), dry, parched (adj.), dryness (n.)	dry (adj.), dryness, {zào} (口干咽燥 {kǒu gān yān zào}, dry throat and mouth)
zào	躁	restlessness	agitation (n.), agitated (adj.), {zào} (煩躁 {fán zào}, vexation and agitation)
zào shī	燥濕	dries dampness	dry dampness, {zào shī}
zéi fēng	賊風	bandit wind	bandit wind, {zéi fēng}
zēng yè	增液	increases fluids	increase humor, {zēng yè}
zhān yǔ	譫語	delirious speech, raving	delirious speech, {zhān yǔ}
zhǎng	長	foster, increase	long (adj.), {cháng} (小便清長 {xiǎo biàn qīng cháng}, long voidings of clear urine)
zhàng nuè	瘴瘧	miasmatic malarial disorders	miasmatic malaria, {zhàng nuè}
zhēn hán jiǎ rè	真寒假熱	true cold with false heat	true cold and false heat, {zhēn hán jiǎ rè}
zhēn qì	真氣	true qi	true qi, {zhēn qì}
zhēn rè jiǎ hán	真熱假寒	true heat with false cold	true heat and false cold, {zhēn rè jiǎ hán}
zhēn	疹	papule, rash	papule (n.), {zhěn} (斑疹 {bān zhěn}, macules and papules)
zhèn	鎮	sedates, pacify, suppresses, hold down	settle (v.), {zhèn} (鎮肝熄風 {zhèn gān xī fēng}, settle the liver and extinguish wind)
zhèn chàn	震顫	tremble [v.], tremors [n.]	tremor, {zhèn chàn}
zhèn fèn yáng qì	振奮陽氣	stimulates the yang	vitalize yáng qì, {zhèn fèn yáng qì}
zhèn gān	鎮肝	sedates the Liver	settle the liver, {zhèn gān}

PINYIN	CHINESE	EASTLAND	PRACTICAL DICTIONARY
zhèn jīng	鎮驚	sedates jitteriness/palpitations with anxiety/convulsions	settle fright, {zhèn jīng}
zhèn jìng	鎮痙	sedates tremors	settle tetany, {zhèn jìng}
zhēng	蒸	steam	steam (v.), {zhēng} (骨蒸潮熱 {gǔ zhēng cháo rè}, steaming bone tidal fever
zhēng	癥	fixed [immobile OK] abdominal mass	concretion (n.), {zhēng} (癥瘕 {zhēng jiǎ}, concretions and conglomerations
zhēng chōng	怔忡	continuous palpitations, panicky throbbing	fearful throbbing, {zhēng chōng}
zhēng jiǎ	癥瘕	abdominal mass	concretions and conglomerations, {zhēng jiǎ}
zhèng	症	condition, disorder	concretion (n.), {zhēng} (癥瘕 {zhēng jiǎ}, concretions and conglomerations
zhèng	證	[証] pattern	sign (n.), {zhèng} (熱證 {rè zhèng}, a heat sign)
zhèng qì	正氣	normal qi or antipathogenic factor/qi	right qi, {zhèng qì}
zhī yǐn	支飲	prodding [or propping] thin mucus	propping rheum, {zhī yǐn}
zhǐ	止	stops, arrests, halts	suppress (v.), {zhǐ} (止咳 {zhǐ ké}, suppress cough)
zhǐ ké	止咳	stops coughing	suppress cough, {zhǐ ké}
zhǐ lì	止痢	stops dysenteric disorders	check dysentery, {zhǐ lì}
zhǐ tòng	止痛	alleviates pain, stops pain	relieve pain, {zhǐ tòng}
zhǐ xuè	止血	stops bleeding	stanch bleeding, {zhǐ xuè}
zhì	志	resolve, mind, emotions	mind (n.), {zhì} (will, power of concentration, memory
wǔ zhì	五志	five emotions	five minds, {wǔ zhì} (joy, anger, anxiety, thought, fear)
zhì	窒	jammed; stopped up	asphyxiation, {zhì} WM; sometimes congestion; stifling
zhì	制	control, restrain	restrain (v.) (壯水制陽 zhung4 shuǐ zhì yáng, invigorate water to restrain yáng); dam (v.) (培土制 水 péi tǔ zhì shuǐ, bank up earth to dam water); control (v.) (制胃酸 zhì wèi suān, control stomach acid); process, {zhì} (制劑 {zhì jì}, preparation of medicinals)
zhì	滯	stagnates	stagnate (v.), stagnation (n.), stagnant (adj.), {zhì} (氣滯 {qì zhì}, qi stagnation)
zhì fǎ	治法	treatment strategy	method of treatment, {zhì fǎ}
zhōng jiāo	中焦	middle burner	center burner, {zhōng jiāo}
zhōng qì	中氣	middle qi	center qi, {zhōng qì}
zhōng qì bù zú	中氣不足	insufficient middle qi	insufficiency of center qi, {zhōng qì bù zú}
zhǒng dú	腫毒	toxic swellings	toxin swelling, {zhǒng dú}

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<i>zhǒng zhàng</i>	腫脹	distended	swelling, {zhǒng zhàng}
<i>zhòng fēng</i>	中風	wind-attack [in context of externally-contracted diseases]; wind-stroke [elsewhere]	wind strike (stroke), {zhòng fēng}
<i>zhòng jīng</i>	中經	channel-stroke	channel strike, {zhòng jīng}
<i>zhòng yáng</i>	重陽	hefty yang	double yáng, {chóng yáng}
<i>zhòng zàng</i>	中臟	organ-stroke	visceral strike, {zhòng zàng}
<i>zhú</i>	逐	drives out	expel (v.), {zhú} (逐水 {zhú shuǐ}, expel water)
<i>zhú shuǐ</i>	逐水	drives out water	expel water, {zhú shuǐ}
<i>zhú tán</i>	逐痰	drives out phlegm	expel phlegm, {zhú tán}
<i>zhǔ</i>	主	governs; focuses ["x" organ "y" = x organ governs/focuses on y (tissue)], masters ["x" 方主之 = x formula masters it]	govern (v.), governing (n.), governor (n.), {zhǔ} (心主血脈 {xīn zhǔ xiè mài}, the heart {governs} the blood and vessels)
<i>zhù</i>	助	assists, reinforces	assist (v.), {zhù} (助陽 {zhù yáng}, assist yáng)
<i>zhù yáng</i>	助陽	assists the yang	reinforce yáng, {zhù yáng}
<i>zhuāng</i>	壯	fortifies [v.]; vigorous [adj.]	vigorous (adj.), invigorate (v.), {zhuàng} (壯火 {zhuàng huǒ})
<i>zhuāng huǒ</i>	壯火	vigorous fire	vigorous fire, {zhuàng huǒ}
<i>zhuāng huǒ shī qì</i>	壯火食氣	vigorous fire consumes the qì	vigorous fire consuming qì, {zhuàng huǒ shí qì}
<i>zhuāng jīn gǔ</i>	壯筋骨	fortifies the sinews and bones	strengthen sinew and bone, {zhuàng jīn gǔ}
<i>zhuāng rè</i>	壯熱	vigorous fever, sustained high fever	vigorous heat [effusion] (fever), {zhuàng rè}
<i>zhuàng</i>	撞	dash	hit, {zhuàng}
<i>zhuī</i>	追	pursues	expel (v.), {zhuī}
<i>zhuó bì</i>	著痺	fixed painful obstruction	fixed impediment, {zhuó bì}
<i>zhuó lín</i>	濁淋	turbid painful urinary dribbling	turbid strangury, {zhuó lín}
<i>zī</i>	滋	enriches	enrich (v.), {zī} (滋陰 {zī yīn}, enrich yīn)
<i>zī</i>	資	provides for	support, {zī}
<i>zī shèn</i>	滋腎	enriches the Kidneys	kidney enrichment, {zī shèn}
<i>zī yīn</i>	滋陰	enriches the yin	enrich yīn, {zī yīn}
<i>zǐ bān</i>	紫斑	purple spots or maculas	purple macules, {zǐ bān}
<i>zǐ gōng</i>	子宮	Womb	womb, {zǐ gōng}
<i>zōng qì</i>	宗氣	gathering qì	ancestral qì, {zōng qì}

PINYIN	CHINESE	EASTLAND	PRACTICAL DICTIONARY
<i>zǒu</i>	走	mobilize, travels [through/with], extends to, acts on	penetrate (v.), penetration (n.), {zǒu}
<i>zǒu cuàn</i>	走竄	mobile and piercing	mobile and penetrating, {zǒu cuàn}
<i>zǒu ér bù shǒu</i>	走而不守	mobile and does not conserve	mobile, {zǒu ér bù shǒu}
<i>zǒu mǎ yá gān</i>	走馬牙疳	rapidly progressing ulceration of the gums	galloping gān of the teeth and gum, {zǒu mǎ yá gān} (equivalent to WM cancrum oris)
<i>zǒu zhǔ</i>	走注	running and pouring [down]	traveling influx, {zǒu zhù} (moving impediment)
<i>Zǔ</i>	阻	obstructs, impedes [as in阻 腸 – impedes the Intestines]	obstruct (v.), obstruction (n.), {zǔ} (痰阻心竅 {tán zǔ xīn qiào}, phlegm {obstructing} the orifices of the heart
<i>Zuǒ</i>	佐	assistant	assist (v.), assistant (n.), {zuǒ} (君臣佐使 {jūn chén zuǒ shǐ}, sovereign, minister, assistant, and courier)

Known problems in this file include the following:

Mistakes initially spotted in original document (this is only a draft edition from Eastland):

The original Eastland PDF had the wrong *cháo* (朝) for *cháo rè*. Should be 潮.

In traditional script, *chōng* means gushing (as in water) when written as 冲.

When used in the context of the *chōng* [thoroughfare] vessel, it is written as 衝. Both characters are simplified to 冲 in simplified Chinese. Note also that this word is read in the first tone, not fourth tone (unless it is used to mean “mechanical punch”).

保 is pronounced *bǎo*, not *bāo*.

Dà tóu wēn should use this *wēn* 瘟, so the computer couldn't make the match.

Also no computer match with deafness 耳聾 because the original character has a typo.

There are a few tone mistakes, such as *zǒu*, which should have the accent on the o instead of the u.

Mistakes in extraction and comparison:

Matches may be missing alternate terms or the same character with different pronunciation. For example, 強 may be read as *qiáng* or *jiàng*, with two different meanings. There are not likely to be many computer-based mistakes in this document, but I have spotted a few so far that all relate to the computer's matching limitations in this regard. Thus, single characters with multiple definitions are sometimes only displaying the first match and may be leaving out other alternate entries for the same character from the PD list.

A number of terms were not matched perfectly by the computer. These would need to be dealt with individually before a full comparative chart could be made.

Assembled by Eric Brand, terminology compiled from Eastland Press and Paradigm Publications.